

Douglas A. Foulk, MD
Curriculum Vitae

Specializes in Upper and Lower Extremity Sports Injuries; Trauma

OFFICE	Panorama Orthopedics & Spine Center, PC	North Office
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PERSONAL DATA:

Date of Birth: July 23, 1962

Place of Birth: Rochester, Minnesota

Citizenship: USA

LICENSURE: Colorado

DEA#: Current

Board Certification: American Board of Orthopaedic Surgery
07/11/1996 - 12/31/2006 - 12/31/2016

HOSPITAL AFFILIATIONS

CENTURA
ST. ANTHONY HOSPITAL – CENTRAL
4321 W. 16TH AVE.
DENVER, CO 80204

GOLDEN RIDGE SURGERY CENTER
660 GOLDEN RIDGE ROAD, SUITE 110
GOLDEN, CO 80401

EXEMPLA
LUTHERAN MEDICAL CENTER
8300 W. 38TH AVENUE
WHEAT RIDGE, CO 80033

EDUCATION BACKGROUND:

Fellowship: Methodist Sports Medicine Center
Indianapolis, Indiana
Orthopaedic Sports Medicine
K.D. Shelbourne

(317) 924-8600
July 1993 – July 1994

Residencies: University of California-Davis, Medical Center
Sacramento, California
Department of Orthopaedic Surgery
Michael Chapman
(916) 734-7885
July 1989 – June 1993

Internship: University of California-Davis Medical Center
Sacramento, California
Department of General Surgery
July 1988-June 1989

Medical School: University of Nebraska
College of Medicine
Doctor of Medicine
1984-1988

Undergraduate School: University of Puget Sound, Tacoma, Washington
1980-1981
University of Nebraska, Lincoln Bachelor of Science
Life Science
1981-1984

High School: Greeley Central High, Greeley, Colorado
1977-1980

Employment History:

Panorama Orthopedic, PC
660 Golden Ridge Road, Suite 250
Golden, CO 80401-9522
5/1/03 to present

Woodridge Orthopaedic and Spine Center, P.C.
3550 Lutheran Parkway West, Suite 201
Wheat Ridge, CO 80033
9/21/98 to 4/2003

Metropolitan State College, Team Physician, 1997-present
Colorado School of Mines Team Physician, 1999-present

HONORS/AWARDS:

Outstanding Resident of the Year
(University of California-Davis
Department of Orthopaedic Surgery) - 1993

Outstanding Trauma Research Award
(University of California-Davis
Department of Orthopaedic Surgery) - 1992

Chancellors Academic Excellence List
(University of Nebraska, Lincoln) - 1983

Jane Sarah Welch Microbiology Scholarship
(University of Nebraska, Lincoln) - 1983-84

Eagle Scout Award - 1975

PAST APPOINTMENTS

Assistant Professor, Department of Orthopaedics
University of Colorado Health Sciences Center
CU Sports Medicine Clinic
Denver, Colorado
(303) 315-2955
1996 - 1998

-Team Physician, University of Colorado, Boulder
1996 - 1998

-Team Physician, University of Denver
1996 - 1998

PAST APPOINTMENTS (continued)

Orthopaedic Surgeon
Orthopaedic and Sports Medicine Center
Manhattan, Kansas
(785) 537-4200
1994 – 1996

-Orthopaedic Consultant
Kansas State University Athletic Department, 1994-1996

-Team Physician
Manhattan High School, 1994 - 1996

-Physician Advisor to Physical Therapy and Rehabilitation
Memorial Hospital, 1995

Manchester College Team Physician
North Manchester, Indiana 1993-94

Mt. Vernon High School Team Physician
Indianapolis, Indiana 1993-94

California Lottery Bicycle Classic Physician
Sacramento, California 1989-92

Team Physician Valley High School
Sacramento, California 1989-92

Nebraska Medical Association Committee on Legislation
and Legal Affairs, 1986-87

Autopsy Assistant
University of Nebraska College of Medicine, 1985-86

University of Nebraska Alumni Outreach Program, 1986-87

Microbiology Teaching Assistant/Laboratory Instructor,
Life Science Department, University of Nebraska, 1983-84

University of Nebraska, Lincoln Student Foundation, 1982-84

MEMBERSHIPS

American Academy of Orthopaedic Surgeons - Fellow,
1998 - present

American Orthopedic Society for Sports Medicine
Active Member, 1999 – present

MEMBERSHIPS (continued)

Western Orthopaedic Association
1998 - present

Colorado Sports Medicine and Fitness Committee/ACSM
1997 - present

Colorado Medical Society
1996 – present

Colorado Orthopaedic Society

Clear Creek Medical Society
1999 - present

PUBLICATIONS

Book Chapters:

The Anterior Cruciate Ligament in Orthopaedic Sports Medicine; Shelbourne KD,
Fouk DA: *Williams and Wilkins* 2000

Pelvic Fracture in Surgical Decision Making; **Fouk DA**, Fourth Edition,
Edited by Lawrence W. Norton, Gregory V. Steigman and Ben Eiseman, 1998

Anterior Cruciate Ligament Injuries in Sports Medicine; The School Age Athlete;
Shelbourne KD, **Fouk DA**, Nitz P: *WB Saunders*, 1996

Posterior Cruciate Ligament Injuries in Sports Medicine; The School Age Athlete;
Shelbourne KD, **Fouk DA**, Nitz P: *W B Saunders*, 1996

Volleyball in Shoulder Injuries in the Athlete; **Fouk DA**, Misamore G:
Churchill Livingstone, 1995

Journals:

Full Thickness Rotator Cuff Tears in Professional Football Players; Darmelio M,
Fouk DA: *The American Journal of Orthopedics*; in submission for publication 2002

Epithelioid Hemangioendothelioma of the Common Femoral Vein: Case Report
and Review of the Literature; Charette, S, Nehler, MR, Whitehill, TA, Gibbs, P,
Fouk, DA, and Krupski, WC: *Journal of Vascular Surgery*; Vol 33,
pages 1100-1103, 2001

Timing of Surgery in Acute ACL Tears on the Return of Quadriceps Strength Following
Reconstruction Using and Autogenous Patellar Tendon Graft; Shelbourne KD, **Fouk DA**:
The American Journal of Sports Medicine; Vol 23, No 6: November/December 1995

Journals: (continued)

Diaphyseal Humerus Fractures: Natural History and Occurrence of Nonunion; **Fouk DA**, Szabo RM: *Orthopaedics* Vol 18, No 4; April 1995

Fracture of the Trochlea: A Case Report; **Fouk DA**, Robertson PA, Timmerman LA: *Journal of Orthopaedic Trauma*. 9(6):530-2, 1995.

The Use of Caudal Anesthesia in Club Foot Surgery; **Fouk DA**, Boakes J, Rab GT, Schulman S: *Journal of Pediatric Orthopaedics*, Vol 15, No 5, September 1995

PRESENTATIONS

The Aging Athlete – Physiology of the Aging Athlete Regarding Training & Injury, Colorado Sports Medicine Symposium, Golden, Colorado, August 1, 2003.

Shoulder and Elbow Pain: Acute Knee Injuries, 23 Annual Primary Musculoskeletal Care Conference, Crested Butte, Colorado, August 2-7-1998.

Recent Advances in Shoulder Diagnosis and Treatment, Wardenburg Student Health Physical Therapy, Boulder, Colorado, April 13, 1998.

Recent Advances in Shoulder Diagnosis and Treatment, Rocky Mountain Chapter Annual Meeting, American College of Sports Medicine, Frisco, Colorado, February 8, 1998.

Over-Use Injuries; Metro State College at Aurora, Denver, Colorado, January 6, 1998.

Diagnosis and Management of Alpine Injuries; APTA Mile-High District Evening Series, Denver, Colorado, November 12, 1997.

Acute Shoulder Trauma; 22nd Annual Primary Musculoskeletal Care Conference, Breckenridge, Colorado, August 3-8, 1997.

On Field Evaluation of Athletic Injuries; University of Colorado Athletic Training Camp, Boulder, Colorado, June 28, 1997.

Sports Injuries in Women: Grand Rounds, Asbury Regional Medical Center, Salina, Kansas - March 1995

Timing of Surgery in Acute ACL Tears on the Return of Quadriceps Strength Following Reconstruction Using an Autogenous Patellar Tendon Graft, AAOS Annual Meeting, 1995

Full Thickness Rotator Cuff Tears in Professional Football Players: AOSSM Summer Meeting, 1996; NFL Combine Scientific Meeting, Indianapolis, Indiana 1994

Diagnosis of Acute Knee Injuries; Family Practice Grand Rounds, Methodist Hospital of Indiana, Indianapolis, Indiana, October 1993

PRESENTATIONS (continued)

Club Feet and Caudal Anesthesia; Orthopaedic Surgery Resident Research Symposium, University of California, Davis, June 1992

Diaphyseal Humerus Fractures Natural History and Occurrence of Nonunion; AAOS Annual Meeting Poster Presentation 1992, Orthopaedic Surgery Resident Research Symposium

A Retrospective Comparison of Premortem and Postmortem Detection of Intracranial Hemorrhages in Neonates: 13th Annual Student Research Forum, University of Nebraska College of Medicine, 1986

Lymphoid Populations and Immunoglobulin Synthesis in Nasal Polyp Tissue; 13th Annual Student Research Forum, University of Nebraska College of Medicine, Omaha, 1986

D-Alanine Transport in Enterobacter Cloacae in the Presence and Absence of Sodium Dodecyl Sulfate; 7th Annual Student Research Symposium, University of Nebraska, Lincoln, 1984

Evaluation & Treatment of Shoulder Pain; Northern Orthopedic Workshop, North Suburban Medical Center, Thornton, CO, March 5, 2004

Prevention of Injuries in the Female Athlete, 31st Annual Spring Orthopedic Day, Westminster, CO, April 2, 2004

MEETINGS ATTENDED

“Breakfast with the Docs” Panorama Orthopedics, PC, Golden, Colorado, October 1, 2003,

Bayer Institute, Disclosing Unanticipated Outcomes and Medical Errors, Golden, CO, November 20, 2003

“Shoulder Cadaveric Lab” Panorama Orthopedics, PC, Golden, Colorado, February 7, 2004

33rd Annual Spring Orthopedic Day, Westin, Westminster, CO, April 7, 2006