

CHARLES ADAM GOTTLOB, MD
CURRICULUM VITAE

OFFICE ADDRESS: Panorama Orthopedics, PC
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PERSONAL DATA:

Date of Birth: 1964
Place of Birth: Detroit, MI
Citizenship: United States
LICENSURE: Colorado
Illinois
DEA #: Current

BOARD CERTIFICATION: American Board of Orthopaedic Surgeons: Certified 7-98
N.B.M.E.—Board Certified, 383937

HOSPITAL AFFILIATIONS:

CENTURA
ST. ANTHONY HOSPITAL – CENTRAL
4321 W. 16TH AVE.
DENVER, CO 80204
ACTIVE

CENTURA
ST. ANTHONY HOSPITAL – NORTH
2251 W. 84TH AVE.
WESTMINSTER, CO 80033
ACTIVE

EXEMPLA
LUTHERAN MEDICAL CENTER
8300 W. 38TH AVENUE
WHEAT RIDGE, CO 80033
ACTIVE

GOLDEN RIDGE SURGERY CENTER
660 GOLDEN RIDGE ROAD, SUITE 110
GOLDEN, CO 80401
ACTIVE

EDUCATIONAL BACKGROUND:

Fellowship: **ORTHOPAEDIC SPORTS MEDICINE**
THE HUGHSTON CLINIC
6262 Veterans Parkway
Columbus, GA 31908
706-576-3365 Phone
706-576-3379 Fax
8-95 to 7-96

RESIDENCY: **Orthopaedic Surgery**
Northwestern University
645 N. Michigan Ave #1058B:
Chicago, IL 60611
312-908-7937 Phone
312-908-8479 Fax
6-91 to 6-95

INTERNSHIP: **General Surgery**
Northwestern University
250 E. Superior St. #201
Chicago, IL 60611
312-503-7975 Phone
312-503-5230 Fax
6-90 to 6-91

MEDICAL SCHOOL: **UCLA School of Medicine**
12-159 CHS
Los Angeles, CA 90095-1720
Degree: MD
310-825-7006 Phone
310-794-9574 Fax
9-86 to 6-90

UNDERGRADUATE: **University of Michigan**
Room 555 The LS & A Bldg.
Ann Arbor, MI 48109-1382
Degree: BS, Psychology
734-764-5556
9-82 to 12/85

Additional Training:
Osteochondral Autograft Transfer (OATS)
Technique Course
Orthopaedic Learning Center
Rosemont, IL 1997

Employment History: Panorama Orthopedic, PC
(formerly Lakewood Orthopaedic Clinic, PC)
660 Golden Ridge Road, Suite 250
Golden, CO 80401-9522
303-233-1223 Phone
720-497-6624 Fax
July 1, 2001 – Present

Illinois Bone & Joint Institute, LTC
680 N. Lake Shore Drive
Suite #1028
Chicago, IL 60611
312-664-6848 Phone
847-998-5680 Fax
9/96 to 6/01

**Scholarly Awards
and Honors:**

MEDICAL SCHOOL: ALPHA OMEGA ALPHA, 1989
ACADEMIC MERIT SCHOLARSHIP, 1987
HONOR COUNCIL, 1987-90

UNDERGRADUATE: GRADUATION WITH HIGH DISTINCTION, 12-85
PHI BETA KAPPA, 1984
CLASS HONORS, 1982-85

ACADEMIC APPOINTMENTS:
CLINICAL INSTRUCTOR
DEPARTMENT OF ORTHOPAEDIC SURGERY
NORTHWESTERN UNIVERSITY SCHOOL OF MEDICINE
CHICAGO, IL

PROFESSIONAL APPOINTMENTS:
Golf Surgery Center, Attending
Des Plaines, IL, 2-25-97 to 6/1/01
St. Joseph Hospital, Attending
Chicago, IL, 2/21/97 to 6/28/01
Ravenswood Hospital, Attending
Chicago, IL, 1996
Rush North Shore Medical Center, Attending
Skokie, IL, 7/14/98 to 5/24/01
Glenbrook Hospital, Attending
Glenview, IL, 1/22/98 to 7/19/01
Evanston Hospital, Attending
Evanston, IL, 1997
Northwestern Memorial Hospital, Attending
Chicago, IL, 1999

SOCIETY MEMBERSHIPS:

American Academy of Orthopaedic Surgeon
American College of Surgeons
American Medical Association
American Orthopaedic Society for Sports Medicine
Arthroscopy Association of North America
Colorado Medical Society
Colorado Orthopaedic Society
Illinois Orthopaedic Society
Lake County Medical Society
Chicago Medical Society
Chicago Sports Medicine Society
The Hughston Society

ABSTRACTS:

“The Cost Effectiveness of Total Knee Arthroplasty for the Treatment of Osteoarthritis” CA Gottlob, JM Pellissier, RL Wixon, SL Stern, SD Stulberg, RW Chang, Orthop Trans 19(3):718, 1995-96.

CONTRIBUTIONS TO MEDICAL PROGRAMS/LECTURES:

“The long-term cost-effectiveness of total knee arthroplasty for the treatment of osteoarthritis,” A.O.A. Annual Residents Conference, Pittsburgh, PA, March 1995.

“The long-term cost-effectiveness of total knee arthroplasty for the treatment of osteoarthritis,” Resident/Alumni Thesis Day, Northwestern University, Chicago, IL, May 1995.

“Meniscal repair,” Jacobson, K.E. and Gottlob, C.A., Video Demonstration, Summer Institute, Boston, MA, September 1995.

“Elbow ankylosis,” Baker, C.L. and Gottlob, C.A., A.A.N.A. Winter Meeting, presented by Champ L. Baker, M.D. San Antonio, TX, December 1995.

“Arthroscopic management of lateral epicondylitis,” Baker, D.L. and Gottlob, C.A., A.A.N.A. Winter Meeting, San Antonio, TX, presented by Champ L. Baker, M.D. December 1995

“The long-term cost-effectiveness of total knee arthroplasty for the treatment of osteoarthritis,” A.A.O.S. Annual Conference, Atlanta, GA, February 1996.

“The impact of sports participation on the general well-being of young adults,” SEC Annual Sports Medicine Conference, New Orleans, LA, March 1996.

“The cost-effectiveness of anterior cruciate ligament reconstruction in young adults,” Annual Meeting of The Hughston Society, Columbus, GA, June 1996.

“Prophylactic knee bracing,” Baker, C.L. and Gottlob, C.A., A.O.S.S.M. Summer Meeting, Orlando, FL, presented by Champ L. Baker, MD, June 1996.

CONTRIBUTIONS TO MEDICAL PROGRAMS/LECTURES: (continued)

“Disorders of the knee: initial evaluation and management,” presented to EMSCO, Chicago, IL, October 1996.

“Arthroscopic findings associated with lateral epicondylitis,” Scientific Exhibit, A.A.O.S. Annual Meeting, San Francisco, CA, February 1997.

“Anterior cruciate ligament reconstruction,” Instructional Course Lecture #333, Faculty, A.A.O.S., San Francisco, CA, February 1997.

“Running injuries,” The Wellness Center @ Columbia Grant Hospital, Chicago, IL, March 5, 1997.

“The long-term cost-effectiveness of ACL reconstruction in young adults,” A.A.S.S.M. Annual Meeting, Sun Valley, ID June 23, 1997.

“Running injuries,” Department of Family Practice, Ravenswood Hospital, Chicago, IL, June 11, 1997.

National Youth Leadership Program, Guest Speaker, Chicago, IL, June 1997.

“Principles of rehabilitation following ACL reconstruction,” AthletiCO Physical Therapy, Chicago, IL, July 16, 1997.

“Osteochondral autograft transfer (OATS),” Advances in Knee Surgery, Faculty, Doctor’s Hospital, Columbus, OH, August 8, 1997.

“Principles of rehabilitation following ACL reconstruction,” Accelerated Rehabilitation, Chicago, IL, August 25, 1997.

“Advance in knee surgery, “ Orthopaedic Grand Rounds, Northwestern University School of Medicine, Chicago, IL, October 24, 1997.

“Treatment of chondral injuries: OATS procedure,” Children’s Memorial Hospital, Chicago, IL, December 1997.

1998 Congress on Winter and Mountain Sports, Faculty, Crested Butte, CO, February 11, 1998.

“Anterior cruciate ligament reconstruction,” Instructional Course Lecture, A.A.O.S. Annual Meeting, Faculty, New Orleans, LA, March 1998.

“Complex instability of the sports knee,” Course Faculty, The Orthopaedic Learning Center, Rosemont, IL, August 1998.

“The venous foot pump as a prophylaxis of a deep vein thrombosis in a weight-bearing cast,” Poster Exhibit, A.A.O.S. Annual Meeting, Anaheim, CA, February 1999.

First Annual Chicago Trauma Symposium, Course Faculty, Chicago, IL, June 5, 1999.

CONTRIBUTIONS TO MEDICAL PROGRAMS/LECTURES: (continued)

“O.A.T.S. for talar dome lesions: an M.R.I. study,” A.A.O.S. Annual Meeting, A.S.F.A.S. Special Day, Orlando, FL, March 2000.

“Tunnel dilation following ACL reconstructions using hamstrings and bioabsorbable fixation,” A.A.N.A. Annual Meeting, Miami, FL, April 2000.

AAOS/EEXOT Shoulder & Knee Arthroscopy Course, Course Faculty, The Orthopaedic Learning Center, Rosemont, IL, 2000.

“Non-Surgical Approaches to Chondral Defects in the Knee,” 7th Annual Colorado Athletic Trainer's Symposium, Lakewood, CO, July 30, 2001.

“Osteoarticular Allograft Reconstruction of Large Chondral Defects,” 10th Annual Colorado Sports Medicine Symposium, Thornton, CO, October 4, 2001.

“Bioabsorbable Interference Screw Fixation of Hamstring ACL Grafts: The Effect of Screw Diameter on Pull-Out Strength,” ACL Study Group Meeting, Big Sky Resort, Bozeman, Montana, March 2-8, 2002.

“ACL Surgery: Patellar Tendon vs Hamstring Graft,” 29th Annual Spring Orthopedic Day, Golden, CO, April 5, 2002.

“Osteochondral Allograft Reconstruction of Chondral Defects of the Knee,” EBI Sports Medicine Symposium, Colorado Springs, CO, August 24, 2002.

“Socioeconomic Aspects of ACL Injuries,” 30th Annual Spring Orthopedic Day, Golden, CO, April 4, 2003.

“Management of on Field Dislocations,” Colorado Sports Medicine Symposium, Golden, CO, August 1, 2003

“Patellofemoral Pain,” 31st Annual Spring Orthopedic Day, Westminster, CO, April 2, 2004

“Evaluation of the Injured Knee” Pinnacol Insurance Video, Panorama Orthopedics Board Room, November 16, 2004

“SLAP Lesions of the Shoulder” 32nd Annual Orthopedic Day, Westin Hotel, Westminster, CO April 1, 2005

MEETINGS ATTENDED:

Bayer Institute, Disclosing Unanticipated Outcomes and Medical Errors, Golden, CO, November 20, 2003

CONTRIBUTIONS TO MEDICAL PUBLICATIONS:

PUBLICATIONS (JOURNALS):

“Biomechanical mechanisms of Laser Vascular Tissue Fusion,” CA Gottlob, GE Kopchok, *J Invest Surg* 4:3-12, 1991.

“Holmium-YAG Laser Ablation of Human Intervertebral Disc: Preliminary Evaluation,” CA Gottlob, GE Kopchok, SK Peng, M Tabbara, D Cavaye, RA White, *Lasers in Surgery & Medicine* 12(1):86-91, 1992.

“Cost Effectiveness of Anterior Cruciate Ligament Reconstruction in Young Adults.” CA Gottlob, CL Baker, J Pellissier, L Colvin, *Clinical Orthopaedics*, 367:272-282, 1999.

“Anterior Cruciate Ligament Reconstruction: Socioeconomic Issues and Cost Effectiveness.” CA Gottlob, CL Baker, *Am J. Orthop* 29(6):472-476, 2000.

“Arthroscopic Classification and Treatment of Lateral Epicondylitis.: CL Baker, KP Murphy, CA Gottlob, DT Curd, *J Shoulder Elbow Surg.* 9(6): 2000.

“Arthroscopically Assisted Autologous Osteochondral Transplantation for Osteochondral Lesions of the Talar Dome: An MRI and Clinical Follow-Up Study.” JA Assenmacher, AS Kelikian, CA Gottlob, S Kodros, *Foot & Ankle International*, 22(7):544-551, 2001.

PUBLICATIONS (BOOK CHAPTERS):

“Arthroscopic Management of Tennis Elbow.” CL Baker, CA Gottlob, In: J Chow (ed.), *Advanced Arthroscopy* In press. 2000.

“The Elbow.” CL Baker, CA Gottlob, In: MR Safran, S. Van Camp, D. McKeag, (eds.), *Manual of Sports Medicine*, Lippincott-Raven Press, NY, NY, 1998.

PUBLICATIONS (REVIEW ARTICLES):

“Principles of Rehabilitation Following Anterior Cruciate Ligament Reconstruction.” CA Gottlob, BW Gaunt, *Sports Med and Arthroscopy Rev.* 4(4):350-360, 1996.

EXHIBITS:

“Arthroscopic Findings Associated with Lateral Epicondylitis”, Scientific Exhibit at: American Academy of Orthopaedic Surgeons, Annual Meeting, San Francisco, CA, 1997.

“The Venous Pump as a Prophylaxis of a Deep Vein Thrombosis in a Weight-bearing Cast”, Poster exhibit at: American Academy of Orthopaedic Surgeons, Annual Meeting, Anaheim, CA 1999.

RELEVANT ACTIVITIES:

N.B.A. Pre-Draft Camp, Medical Staff, Chicago, IL. June 1995.

Hardaway High School, Varsity Football, Medical Staff, Columbus, GA, 1995.

Valdosta State University, Varsity Football, Medical Staff, Valdosta, GA, 1995.

Ski Area Medical Clinic, Orthopaedic Consultant, Crested Butte, CO, December 1995 through February 1996.

U.S. National Extreme Snowboarding Championship, Medical Staff, Crested Butte, CO, February 1996.

Atlanta International Track and Field Grand Prix, Medical Staff, Atlanta, GA, May 1996.

U.S. Military National Rugby Championships, Medical Staff, Columbus, GA, May 1996.

U.S. Olympic Team Trials, Medical Staff, Track and Field, The Olympic Stadium, Atlanta, GA, June 1996.

Centennial Summer Olympic Games, Medical Staff, Track and Field, The Olympic Stadium, Atlanta, GA, 1996.

The Chicago Marathon, Medical Staff, Chicago, IL, 1996, 1997.

Chicago Lions, American Rugby Football Club, Orthopaedic Consultant, Chicago, IL 1996 to present.

Amundsen High School, Orthopaedic Consultant, Chicago, IL, 1996 to present.

Chicago Wolves, International Hockey League, Team Physician, 1996 to present.

Hubbard Street Dance Company, Troupe Physician, 1999 to present.

Chicago Blackhawks, Orthopaedic Consultant, 1998 – 2001.

Chicago Bears, Orthopaedic Consultant, 2000 – 2001.

Chatfield High School Team Physician, 2002- present

Arvada West Team Physician, 2002- present

Colorado School of Mines Orthopedic Consultant 2004- present