

MITCHELL DEAN SEEMANN, M.D.
CURRICULUM VITAE

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LICENSURE: Colorado No. 31034

DEA: Current

BOARD CERTIFICATION: American Board of Orthopaedic Surgery
July 15, 1994
Recertification: January 1, 2005 through December 31, 2014.

HOSPITAL AFFILIATIONS:

ST. ANTHONY CENTRAL HOSPITAL
4321 W. 16TH AVE.
DENVER, CO 80204

ST. ANTHONY NORTH HOSPITAL
2251 W. 84TH AVE.
WESTMINSTER, CO 80033

GOLDEN RIDGE SURGERY CENTER
660 GOLDEN RIDGE ROAD, SUITE 110
GOLDEN, CO 80401

EXEMPLA LUTHERAN MEDICAL CENTER
8300 W. 38TH AVENUE
WHEAT RIDGE, CO 80033

ORTHOCOLORADO HOSPITAL
11650 W. 2ND PLACE
LAKEWOOD, CO 80228

DISTINCTIONS: Team Physician: Regis University
Columbine High School
U.S. Women's Ski Team Medical Group 92-94

Medical Director: Jefferson County Athletic Trainers

Advisory Committee: Dept. of Physical Therapy Regis University

EDUCATIONAL BACKGROUND:

Fellowship: Steadman-Hawkins Clinic
Vail, CO
Sports Medicine, Knee & Shoulder Injuries
1991-1992

Residency: University of Texas Southwestern Medical School
Dallas, TX
Orthopaedic Surgery
July 1987-June 1991

Internship: University of Texas Southwestern Medical School
Dallas, TX
General Surgery
July 1986-June 1987

Medical School: Medical College of Ohio
Toledo, OH
Graduated 6-6-86

University: University of Toledo
Graduated 8-22-81
Human Performance Curriculum

Employment History: Panorama Orthopedic, PC
(Formerly Lakewood Orthopaedic Clinic, PC)
660 Golden Ridge Road, Suite 250
Golden, CO 80401-9522
August 1992-Present

**Scholarly Awards
and Honors:**

Magna Cum Laude University of Toledo

Society Memberships:

American Academy of Orthopaedic Surgeons
American College of Sports Medicine
American Orthopaedic Society for Sports Medicine
Arapahoe Medical Society
Clear Creek Valley Medical Society
Colorado Medical Society
Colorado Orthopaedic Society
Hawkins Society

**CONTRIBUTIONS TO
MEDICAL PROGRAMS/
LECTURES:**

"The biomechanical Comparison of Interference Fixation versus Post Fixation in Bone-Tendon-Bone Anterior Cruciate Ligament Reconstruction," Western Orthopaedic Association Meeting, Tucson, AZ, October 1991 and Gregory Lectureship, Dallas, TX, June 1991.

"Ultra-Low Field MRI of the Knee: Comparison with Mid-Field MRI and Arthroscopy," Radiological Society of America, December 1991.

"Tibial Osteolysis Associated with Gore-Tex Grafts," 1. Colorado Sports Medicine Symposium, Denver, CO, May 1992. 2. International Knee Society Meeting. Copenhagen, Denmark, June 1993.

"Revision Cruciate Ligament Surgery," "Special Considerations with Prosthetic Ligaments," AAOSM Meeting, San Diego, CA, July 1992.

"Impingement Syndrome of the Shoulder," The 20th Annual Spring Orthopaedic Day, Denver, CO April 23, 1993.

"Comparison of MRI vs Arthroscopy in Chondral Defects." 1. Western Orthopaedic Association Meeting, Seattle, Washington, August 1993. 2. Colorado Sports Medicine Symposium, Denver, CO, May 1993.

"ACL Surgery," 21st Annual Spring Orthopaedic Day, Denver, CO April 8, 1994.

"Revision ACL Surgery," Colorado Sports Medicine Symposium, Denver, CO September 1994.

**CONTRIBUTIONS TO
MEDICAL PROGRAMS/
LECTURES: (continued)**

"Evaluation of Shoulder Pain," The 22nd Annual Spring Orthopaedic Day, Denver, CO April 12, 1995.

Program Chairman, 1st Annual Colorado Athletic Trainer's Symposium, Denver, CO August 9, 1996.

"Ballet Injuries", The 23rd Annual Spring Orthopaedic Day, Denver, CO April 17, 1996.

Program Chairman, 2nd Annual Colorado Athletic Trainer's Symposium, Denver, CO August 7, 1996.

"Microfracture Technique," 6th Annual Colorado Sports Medicine Symposium, Denver, CO September 13, 1996.

"Cartilage Defects in the Young Patient," 24th Annual Spring Orthopaedic Day, Denver, CO April 2, 1997

Program Chairman, 3rd Annual Colorado Athletic Trainer's Symposium, Denver, CO August 6, 1997.

"Evaluation of the Injured Knee," An Orthopaedic Review for Primary Care Physicians, Denver, CO October 30, 1997.

"Multiligamentous Injuries of the Knee," 25th Annual Spring Orthopaedic Day, Golden, CO April 15, 1998.

Program Chairman, 4th Annual Colorado Athletic Trainer's Symposium, Golden, CO August 5, 1998.

"Impingement and Rotator Cuff Injuries," Nurse Case Manager's Luncheon, Golden, CO March 11, 1999.

"Overuse Syndrome of the Shoulder in the Overhead Athlete," 9th Annual Colorado Sports Medicine Symposium, Denver, CO May 14, 1999.

Program Chairman, "Shoulder Injuries in the Throwing Athlete", 5th Annual Colorado Athletic Trainer's Symposium, Golden, CO August 13, 1999.

"What's New In Sports?" The New Millennium for Primary Care Physicians & Occupational Medicine Physicians, Golden, CO January 18, 2000.

**CONTRIBUTIONS TO
MEDICAL PROGRAMS/
LECTURES: (continued)**

“ETAC Procedure” 27th Annual Spring Orthopaedic Day, Golden, CO April 14, 2000.

Program Chairman, 6th Annual Colorado Athletic Trainer's Symposium, Golden, CO August 11, 2000.

“The Stiff Shoulder” 28th Annual Spring Orthopaedic Day, Golden, CO April 6, 2001.

Program Chairman, 7th Annual Colorado Athletic Trainer's Symposium, Lakewood, CO July 30, 2001.

Faculty, 10th Annual Colorado Sports Medicine Symposium, Thornton, CO October 4, 2001.

Program Chairman, 8th Annual Colorado Athletic Trainer's Symposium, Golden, CO August 9, 2002.

“Shockwave Therapy” 30th Annual Spring Orthopedic Day, Golden, CO, April 4, 2003.

“Clavicle Fractures: ORIF vs. Non-Operative Treatment” Faculty, 3rd Annual Colorado Orthopedic Trauma Symposium, Westminster, Colorado, February 13, 2004.

**CONTRIBUTIONS TO
MEDICAL PUBLICATIONS:**

"Tibial Osteolysis Associated with Gore-Tex Grafts," MD Seemann, JR Steadman, The American Journal of Knee Surgery, Winter 1993, Vol. 6 #1.

The Biomechanical Comparison of Interference Fixation versus Post Fixation in Bone-Tendon-Bone Anterior Cruciate Ligament Reconstruction", Clinical Orthopaedics and Relation Research, January 1994.

"The Comparison of Static versus Dynamic External Fixation for Unstable Distal Radius Fractures", Journal of Bone & Joint Surgery, August 1994.

"Cruciate Ligament Injuries in the Elite Skier", MD Seemann, JR. Steadman in The Crucial Ligaments 2nd Ed. Edited by John Feagin MD.

"Revision Ligament Reconstruction of Failed Prosthetic Anterior Cruciate Ligaments", Instructional Course Lectures, Volume 44, 1995, pp. 417-429.

MEETINGS:

60th Annual Meeting Specialty Day American Shoulder & Elbow Surgeons, San Francisco, CA, February 21, 1993

60th Annual Meeting AAOS, San Francisco, CA, February 18-23, 1993

57th Annual Meeting Western Orthopaedic Association, Seattle, WA, August 29-September 1, 1993

Orthopaedic Trauma Association, Annual Meeting, September 22-24, 1994

62nd Annual Meeting, Orlando, FL, February 16, 1995

Arthroscopy Assn. Of North America Specialty Day, Orlando, FL, February 19, 1995

American Shoulder & Elbow Surgeons, February 19, 1995

American Ortho. Soc. for Sports Medicine Specialty Day, Atlanta, GA, February 25, 1996

63rd AAOS Annual Meeting, Atlanta, GA, February 22-26, 1996

Arthroscopy Association of North America Knee Lecture, Pal Desert, CA, November 21, 1996

Arthroscopy Association of North America Knee Lecture & Laboratory, Pal Desert, CA, November 21-22, 1996

Arthroscopy Association of North America Shoulder Lecture & Laboratory, Pal Desert, CA, November 22-23, 1996

64th AAOS Annual Meeting, San Francisco, CA, February 13-17, 1997

American Orthopaedic Society for Sports Medicine Specialty Day, San Francisco, CA, February 16, 1997

American Shoulder & Elbow Surgeons Specialty Day, San Francisco, CA, February 16, 1997

The Shoulder 1997: A Comprehensive Guide, Bal Harbour, FL, April 3-6, 1997

AOSSM Annual Meeting, Sun Valley, ID, June 22-25, 1997

8th Annual Steadman Hawkins Fellows Meeting, Vail, CO December 3-6, 1997

Columbia Medical Center of Aurora, Shoulder: Current Status of Arthroscopic Stabilization-First Time Dislocations and Chronic Follow-up Study, Denver, CO April 1, 1998

9th Annual Steadman Hawkins Fellows Meeting, Vail, CO December 10-12, 1998

MEETINGS: (continued)

AAOS 66th Annual Meeting, Anaheim, CA February 4 – 8, 1999

American Orthopaedic Society for Sports Medicine, Anaheim, CA February 7, 1999

American Shoulder and Elbow, Anaheim, CA February 7, 1999

25th Annual Meeting of the American Orthopaedic Society for Sports Medicine, Traverse City, Michigan, June 19 – 22, 1999.

67th AAOS Annual Meeting, Orlando, FL March 15 – 19, 2000

American Orthopaedic Society for Sports Medicine, Specialty Day, Orlando, FL March 18, 2000

American Shoulder and Elbow, Specialty Day, Orlando, FL March 18, 2000

2nd Biennial Shoulder and Elbow Meeting, Miami Beach, FL May 4 – 7, 2000

Vail Cartilage Symposium, Vail, CO August 18 – 19, 2000

Steadman Hawkins Fellows Meeting, Vail, CO December 6 – 9, 2000

68th AAOS Annual Meeting, San Francisco, CA February 28 – March 4, 2001

American Orthopaedic Society for Sports Medicine –Special Day, San Francisco, CA March 3, 2001

American Shoulder and Elbow Surgeons –Specialty Day, San Francisco, CA March 3, 2001

3rd AAOS Biennial Shoulder and Elbow Meeting #3404, Orlando, FL April 4 – 7, 2002

Hawkins Society Meeting, Vail, CO July 10 – 13, 2002

8th Annual Colorado Athletic Trainer's Symposium, Denver, CO August 9, 2002

Bayer Institute, Disclosing Unanticipated Outcomes and Medical Errors, Golden, CO, November 20, 2003

“Shoulder Cadaveric Lab” Panorama Orthopedics, PC, Golden, Colorado, February 7, 2004.

MEETINGS: (continued)

34th Annual Spring Orthopedic Day, "Concussions" Westin Westminster,
Westminster, CO April 27, 2007

4th Annual Sports Medicine Symposium A Steadman Hawkins Educational Symposium
June 8, 2007

Colorado Sports Medicine Symposium August 10, 2007