



CHRIS KUPER MKMNSPEED & AGILITY/ATHLETIC DEVELOPMENT SUMMER CAMP

D1 develops speed, agility, and explosive power in an encouraging, fun, and competitive atmosphere. Helping athletes develop proper running and jumping mechanics, along with footwork, reaction time, and explosiveness. We will bring out the athlete within!



D1 is The Place for the Athlete!

DATES: August 9th & August 16th

AGES: 6- 10yrs on Aug 9th & 11- 14yrs on Aug 16th

TIME: 1-230pm

Price: \$25

Additional to speed and agility we will include character development, nutrition, and work on self-confidence!

Space is limited!!!

To Sign up or for more information:

Call or Email: **720.214.7082**

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Or visit www.d1denver.com

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