

## Physical Therapists

### **Will Bishop, PT, DPT**



Will graduated from University of Missouri in 2014, and comes to us from Panther PT. His primary interest is sports-based PT, specifically for the overhead athlete and soccer player. He utilizes the Selective Functional Movement Screen to identify biomechanics and neuromuscular dysfunctions. Rock Tape and strength & conditioning principles are integral to his treatments.

### **Mitzy Burden, PT, MSPT**



Mitzy is a graduate of University of Tennessee, Memphis in 2002 with a Masters in Physical Therapy. Her vast work experience includes sports related injuries of school aged to professional athletes, as well as total joint replacements and other joint surgeries.

### **Bernard Condevaux, PT, SCS, CSCS**



A 1987 Wayne State University graduate from Detroit, Bernard has been practicing in outpatient orthopedics since 1988 with significant experience in sports. He was therapy consultant for the Colorado Rockies 1993-2000, and with the Colorado Avalanche from 1995-2003. He has extensive experience in cycling: He has worked with USA Cycling since 1995 with his primarily in mountain biking, as well as road, track, cyclocross, and BMX disciplines. He has been a member of the US Olympic Sports Medicine Team at the 2003, 2007, 2011, and 2015 Pan American Games, and the 2004, 2008, and 2012 Olympic Games. He is a Board Certified Sports Clinical Specialist (SCS) and a Certified Strength and Conditioning Specialist (CSCS). Bernard enjoys treating shoulders, knees, spine and foot/ankle, as well as sports injuries.

## **Liz Erickson PTA, LMT**



Liz has worked in outpatient orthopedics for over 19 years, obtaining her AS in Biology at Red Rocks and AAS in Physical Therapist Assistant at Arapahoe Community College. As an assistant to all the PT's she must be well versed in the treatment of all types of injuries and surgeries. She enjoys working with patients that have had total joint replacements the most. She feels her expertise in soft tissue work (she is also a licensed massage therapist), often helps facilitate and expedite a patient's recovery. Liz has also received her certification in Lymphatic Drainage.

## **Peter Fathallah, PT, DPT**



Peter graduated from Boston University with a BS in Human Physiology Pre-med. Peter returned to Boston to attend MGH Institute of Health Professions where he earned his Doctor of Physical Therapy. Peter gives back to his community through his service as a board member of the Colorado Mountain Biking Association, a local non-profit.

## **Carrie Hamm, PT, MPT**



Carrie is a Colorado native and has been practicing Physical Therapy in the orthopedic setting for 16 yrs. She received her undergraduate degree in Exercise and Sport Science from the University of San Francisco in 1994. She then went on to earn her Masters degree in Physical Therapy from Shenandoah University in 1998. Carrie has taken numerous sports medicine and manual therapy continuing education courses to stay current on the latest treatment strategies. Carrie is certified in Trigger Point Dry Needling and Selective Functional Movement Screen which she uses in conjunction with manual therapy. Carrie specializes in Sports Medicine. Of note, Carrie played Division I Volleyball.

## Tom Hermsen, PT, CSCS



A 1983 graduate from the University of Wisconsin - Madison, Tom has been a practicing PT for over 30 years, 27 in outpatient orthopedics. He was a site coordinator and treating therapist at HealthSouth in Lakewood, CO from 1994-2000. He was the clinic director and practicing PT for Physiotherapy Associates at Golden Ridge for seven years. In 2010, he joined the staff at Panorama Physical Therapy as a senior staff PT. Tom's area of expertise included the treatment of shoulder and knee dysfunction, and foot and ankle disorders including the fabrication of orthotics. He has vast experience in lower extremity biomechanical evaluations. He is also a Certified Strength and Conditioning Specialist (CSCS).

## Steven Huber, PT, DPT



Steve attained his Doctorate of Physical Therapy from Rosalind Franklin University of Medicine and Science in 2012 and completed his undergraduate degree in Kinesiology, graduating with Honors from Michigan State University. Steve specializes in treating many orthopedic conditions including running injuries, post-operative, hips, knees, shoulders, and the spine. Steve places a strong emphasis on postural training, core stability, and patient education. He is certified in Functional Dry Needling and High-Velocity Low-Amplitude Thrust Manipulation of the Cervical, Thoracic, Lumbar, and Sacroiliac Joints.

## Julie Huebner, PT



Julie is a 2003 graduate of the University of Colorado Health Sciences Center Physical Therapy program. She received a Master's Degree in Anatomy from Colorado State University and a Bachelor's from Florida State University. She uses manual techniques and individualized exercise programs to correct imbalances in the musculoskeletal system that lead to overuse syndromes, pain and injury in the spine, shoulders and lower body. She has extensive continuing education training for pre-operative, post-operative and non-operative shoulder, hip and spine rehabilitation as well as vestibular therapy and treatment for positional vertigo.

## Courtney Humphrey, PT



Courtney received her Masters in Physical Therapy from University of Tennessee, Memphis in 2002. She has been a Panorama team member since 2010. Her focus is on patients with sports related injuries and total joint replacements.

## Shawna Olsen, PT



Shawna received her graduate degree in Physical Therapy from the University of Colorado Health Sciences Center in 2002 and obtained her undergraduate degree in Biology from Colorado College in 1996. She became interested in physical therapy after receiving therapy as an adolescent while competitive figure skating. Although she initially began her physical therapy career in a spine focused clinic, she has enjoyed the wide variety of diagnoses and ages that Panorama Physical Therapy provides. Over the years, Shawna has enjoyed focusing on the full functional return of patients in order to maintain their healthy lifestyles.

## Britta Olson, DPT



Britta received her DPT from Regis University in Denver. Prior to PT, Britta was a registered nurse in neuro/trauma, high risk labor and delivery, and oncology. She is also a certified Pilates instructor. She earned a dual degree in communications and exercise and sports science at University of North Carolina, where she also competed as a Division I Collegiate golfer for 4 years. Britta has a strong interest in manual therapy, orthopedics and sports medicine, and uses her Pilates background to help patients regain proper posture, core strength and body awareness.

## Ericka Olson, PT, DPT



Ericka received her Doctorate of Physical Therapy from Colorado University in 2015 and joined the Panorama team soon thereafter. She was first introduced to physical therapy as a junior and collegiate ski racer at the University of Massachusetts. Prior to becoming a physical therapist, she received her JD from Michigan State Law School and practiced law for several years in Colorado before deciding to pursue a career in physical therapy. She truly enjoys partnering with her patients and helping them achieve their personal goals.

## Emery J. Pino, PT, MSPT



Emery graduated from the University of Colorado Health Sciences Center Physical Therapy program in 2000. He previously was a System's Engineer for 13 ½ years, much of the time with IBM. Emery's engineering background helps him clearly explain pathology to his patients, while using critical thinking to determine the best rehabilitation for complicated patient pathologies and diagnoses.

Emery's interest in physical therapy is in outpatient orthopedics, and is also one of the vestibular and balance therapists at Panorama PT. He has a variety of certifications of continuing education to influence his knowledge and skill base in treating the orthopedic population.

## **Natalie Shetromph, PT, DPT**



Natalie earned her Doctorate of Physical Therapy from Tennessee State University in Nashville, TN. She previously attained her B.S. in Kinesiology with a focus in Movement Science at Pennsylvania State University. Natalie has focused her continued training in manual physical therapy, evidence-based knee and shoulder rehabilitation as well as general orthopedic physical therapy care. In 2016, Natalie completed training from the Spinal Manipulation Institute in "High-Velocity Low-Amplitude Thrust Manipulation of Cervical, Thoracic, Lumbar, and SI joints." Natalie places a strong emphasis on postural re-education, specific and functional strengthening, dynamic motor control, and balance training to aid her patients in achieving their personal goals and preventing re-injury.

## **Kelly Spagnoli, PT, DPT**



Kelly graduated from Stony Brook University with her Doctorate of Physical Therapy in 2012 and completed her undergraduate degree from SUNY Oswego. She enjoys working with all orthopedic conditions and utilizes manual therapy and individualized exercise prescription to assist patients in their recovery. She believes in empowering the patient to reach their goals and prevent re-injury.

## **Keri Windels, PT, DPT, SCS**



Keri went to The Pennsylvania State University where she majored in Kinesiology with a Exercise Science focus. After graduating, Keri moved to Denver and earned her Doctorate of Physical Therapy from University of Colorado Health Sciences Center in 2009. She then spent time on the East Coast, working at The Johns Hopkins Hospital. There, she was on faculty for the Orthopedic Physical Therapy Residency Program and also became a Sports Certified Specialist (SCS). Keri enjoys working with all orthopedic conditions, but specializes in lower extremity injuries in athletes.

## Hand Therapists

### **Lisa M. Condon, MS, OTR, CHT**



Lisa graduated from University of Wisconsin-Milwaukee in 1988 with a Bachelor's in Occupational Therapy. After working 3 years in Inpatient Neurology, she moved to Colorado and pursued Outpatient Orthopedics. She received her Certification in Hand Therapy (CHT) in 1995 and her Master's in Sports Medicine in 1996. Lisa has a strong passion for treating upper extremity trauma and has spent much of her career developing her manual skills and thoroughly understanding the anatomy of the hand, wrist, elbow and shoulder. She believes that educating the patient on their injury is imperative for a successful outcome and being an active member of the "Hand Team" (MD, Therapist and Patient).

### **Jennifer TenNapel, OT, CHT**



Jennifer graduated from the University of Minnesota with a Bachelor's in Occupational Therapy. She was a member of the University Hospitals spinal rehabilitation team and was the acute burn rehabilitation coordinator at Regions level 1 trauma center. She earned her CHT credential in 1995. She worked with a regional Plastic Surgery group on medical surgical missions to Guatemala. Prior to joining Panorama, she worked with Allina as the Hand Professional Practice Lead for the Courage Kenney Sports and Physical Therapy clinics, and as a consultant to EXOS, assisted in the redesign of their wrist and hand splints product line. With her extensive experience in UE rehabilitation she has mentored students and staff in the specialty of hand therapy. She finds that engaging the patient in their care to achieve optimal outcomes to be the most rewarding aspect of her work.