

CHARLES ADAM GOTTLOB, MD
CURRICULUM VITAE

OFFICE ADDRESS: Panorama Orthopedics, PC
TELEPHONE, FAX AND 660 Golden Ridge Rd, Suite 250
E-MAIL. Golden, CO 80401
(303) 233-1223 Office
(800) 258-5250 Toll Free
(303) 233-8755 Fax

LICENSURE: Colorado #34965
Illinois #036-093133

DEA: Current

BOARD CERTIFICATION: American Board of Orthopaedic Surgeons: Certified 7-98
American Board of Orthopaedic Surgeons, Recertified: Jan 1, 2009
N.B.M.E.—Board Certified

HOSPITAL AFFILIATIONS:

ST. ANTHONY HOSPITAL
11600 W. 2ND PLACE
LAKEWOOD, CO 80228

GOLDEN RIDGE SURGERY CENTER
660 GOLDEN RIDGE ROAD, SUITE 110
GOLDEN, CO 80401

ORTHOCOLORADO HOSPITAL
11650 W. 2ND PLACE
LAKEWOOD, CO 80228

ST. ANTHONY NORTH HOSPITAL
2551 W. 84TH AVE.
WESTMINSTER, CO 80033

EDUCATIONAL BACKGROUND:

Fellowship: **ORTHOPAEDIC SPORTS MEDICINE**
THE HUGHSTON CLINIC
6262 Veterans Parkway
Columbus, GA 31908
706-576-3365 Phone
706-576-3379 Fax
8-95 to 7-96

RESIDENCY: **Orthopaedic Surgery**
Northwestern University
645 N. Michigan Ave #1058B:
Chicago, IL 60611
312-908-7937 Phone
312-908-8479 Fax
6-91 to 6-95

INTERNSHIP: **General Surgery**
Northwestern University
250 E. Superior St. #201
Chicago, IL 60611
312-503-7975 Phone
312-503-5230 Fax
6-90 to 6-91

MEDICAL SCHOOL: **UCLA School of Medicine**
12-159 CHS
Los Angeles, CA 90095-1720
Degree: MD
310-825-7006 Phone
310-794-9574 Fax
9-86 to 6-90

UNDERGRADUATE: **University of Michigan**
Room 555 The LS & A Bldg.
Ann Arbor, MI 48109-1382
Degree: BS, Psychology
734-764-5556
9-82 to 12/85

Employment History: Panorama Orthopedics & Spine Center, PC
660 Golden Ridge Road, Suite 250
Golden, CO 80401-9522
303-233-1223 Phone
303-233-8755 Fax
July 1, 2001 – Present

Illinois Bone & Joint Institute, LLC
680 N. Lake Shore Drive
Suite #1028
Chicago, IL 60611
312-664-6848 Phone
847-998-5680 Fax
9/96 to 6/01

**Scholarly Awards
and Honors:**

MEDICAL SCHOOL: ALPHA OMEGA ALPHA, 1989
ACADEMIC MERIT SCHOLARSHIP, 1987
HONOR COUNCIL, 1987-90

UNDERGRADUATE: GRADUATION WITH HIGH DISTINCTION, 12-85
PHI BETA KAPPA, 1984
CLASS HONORS, 1982-85

ACADEMIC APPOINTMENTS: FELLOWSHIP DIRECTOR
PANORAMA SPORTS MEDICINE FELLOWSHIP
8/1/08 TO PRESENT

CLINICAL INSTRUCTOR
DEPARTMENT OF ORTHOPEDICS
UNIVERSITY OF COLORADO HEALTH SCIENCES CENTER
8/31/2007 TO PRESENT

PAST APPOINTMENTS: CLINICAL INSTRUCTOR
DEPARTMENT OF ORTHOPAEDIC SURGERY
NORTHWESTERN UNIVERSITY SCHOOL OF MEDICINE
CHICAGO, IL

CLINICAL INSTRUCTOR
DEPARTMENT OF ORTHOPAEDIC SURGERY
UNIVERSITY OF ILLINOIS-CHICAGO
CHICAGO, IL

SOCIETY MEMBERSHIPS: American Academy of Orthopaedic Surgeon
American College of Surgeons
American Orthopaedic Society for Sports Medicine
Colorado Medical Society
Colorado Orthopaedic Society
The Hughston Society

ABSTRACTS:

“The Cost Effectiveness of Total Knee Arthroplasty for the Treatment of Osteoarthritis” CA Gottlob, JM Pellissier, RL Wixon, SL Stern, SD Stulberg, RW Chang, Orthop Trans 19(3):718, 1995-96.

CONTRIBUTIONS TO MEDICAL PROGRAMS/LECTURES:

“Update on ACL Reconstruction Graft Options”, Colorado Sports Medicine Symposium, Lakewood, CO, August 5, 2010.

“The Use of Platelet Rich Plasma in Sports Medicine”, 37th Annual Spring Orthopedic Day, Lakewood, CO, April 23, 2010.

“Current Concepts: Rotator Interval Closure”, Rocky Mountain Shoulder & Elbow Society Annual Meeting, Beaver Creek, CO, August, 2009.

Program Chairman, Rocky Mountain Shoulder and Elbow Society Annual Meeting, Beaver Creek, CO, August, 2009 & August, 2011.

Program Chairman, Colorado Sports Medicine Symposium, Lakewood, CO, 2007 – present.

“Posterior Cruciate Ligament Injuries”, Colorado Sports Medicine Symposium, Lakewood, CO, August 18, 2006.

“SLAP Lesions of the Shoulder” 32nd Annual Spring Orthopedic Day, Westin Hotel, Westminster, CO April 1, 2005.

“Evaluation of the Injured Knee” Pinnacol Insurance Video, Panorama Orthopedics Board Room, November 16, 2004.

“Patellofemoral Pain,” 31st Annual Spring Orthopedic Day, Westminster, CO, April 2, 2004.

“Management of on Field Dislocations,” Colorado Sports Medicine Symposium, Golden, CO, August 1, 2003.

“Socioeconomic Aspects of ACL Injuries,” 30th Annual Spring Orthopedic Day, Golden, CO, April 4, 2003.

“Osteochondral Allograft Reconstruction of Chondral Defects of the Knee,” EBI Sports Medicine Symposium, Colorado Springs, CO, August 24, 2002.

CONTRIBUTIONS TO MEDICAL PROGRAMS/LECTURES (Continued):

“ACL Surgery: Patellar Tendon vs Hamstring Graft,” 29th Annual Spring Orthopedic Day, Golden, CO, April 5, 2002.

“Bioabsorbable Interference Screw Fixation of Hamstring ACL Grafts: The Effect of Screw Diameter on Pull-Out Strength,” ACL Study Group Meeting, Big Sky Resort, Bozeman, Montana, March 2-8, 2002.

“Osteoarticular Allograft Reconstruction of Large Chondral Defects,” 10th Annual Colorado Sports Medicine Symposium, Thornton, CO, October 4, 2001.

“Non-Surgical Approaches to Chondral Defects in the Knee,” 7th Annual Colorado Athletic Trainer's Symposium, Lakewood, CO, July 30, 2001.

AAOS/EEXOT Shoulder & Knee Arthroscopy Course, Course Faculty, The Orthopaedic Learning Center, Rosemont, IL, 2000.

“Tunnel dilation following ACL reconstructions using hamstrings and bioabsorbable fixation,” A.A.N.A. Annual Meeting, Miami, FL, April, 2000.

“O.A.T.S. for talar dome lesions: an M.R.I. study,” A.A.O.S. Annual Meeting, A.S.F.A.S. Special Day, Orlando, FL, March, 2000.

First Annual Chicago Trauma Symposium, Course Faculty, Chicago, IL, June 5, 1999.

“The venous foot pump as a prophylaxis of a deep vein thrombosis in a weight-bearing cast,” Poster Exhibit, A.A.O.S. Annual Meeting, Anaheim, CA, February, 1999.

“Complex instability of the sports knee,” Course Faculty, The Orthopaedic Learning Center, Rosemont, IL, August, 1998.

“Anterior cruciate ligament reconstruction,” Instructional Course Lecture, A.A.O.S. Annual Meeting, Faculty, New Orleans, LA, March, 1998.

1998 Congress on Winter and Mountain Sports, Faculty, Crested Butte, CO, February 2, 1998.

“Treatment of chondral injuries: OATS procedure,” Children's Memorial Hospital, Chicago, IL, December, 1997.

“Advance in knee surgery,” Orthopaedic Grand Rounds, Northwestern University School of Medicine, Chicago, IL, October 24, 1997.

“Principles of rehabilitation following ACL reconstruction,” Accelerated Rehabilitation, Chicago, IL, August 25, 1997.

“Osteochondral autograft transfer (OATS),” Advances in Knee Surgery, Faculty, Doctor's Hospital, Columbus, OH, August 8, 1997.

CONTRIBUTIONS TO MEDICAL PROGRAMS/LECTURES (Continued):

“Principles of rehabilitation following ACL reconstruction,” AthletiCO Physical Therapy, Chicago, IL, July 16, 1997.

National Youth Leadership Program, Guest Speaker, Chicago, IL, June, 1997.

“Running injuries,” Department of Family Practice, Ravenswood Hospital, Chicago, IL, June 11, 1997.

“The long-term cost-effectiveness of ACL reconstruction in young adults,” A.A.S.S.M. Annual Meeting, Sun Valley, ID June 23, 1997.

“Running injuries,” The Wellness Center @ Columbia Grant Hospital, Chicago, IL, March 5, 1997.

“Anterior cruciate ligament reconstruction,” Instructional Course Lecture #333, Faculty, A.A.O.S., San Francisco, CA, February, 1997.

“Arthroscopic findings associated with lateral epicondylitis,” Scientific Exhibit, A.A.O.S. Annual Meeting, San Francisco, CA, February, 1997.

“Disorders of the knee: initial evaluation and management,” presented to EMSCO, Chicago, IL, October, 1996.

“Prophylactic knee bracing,” Baker, C.L. and Gottlob, C.A., A.O.S.S.M. Summer Meeting, Orlando, FL, presented by Champ L. Baker, MD, June, 1996.

“The cost-effectiveness of anterior cruciate ligament reconstruction in young adults,” Annual Meeting of The Hughston Society, Columbus, GA, June, 1996.

“The impact of sports participation on the general well-being of young adults,” SEC Annual Sports Medicine Conference, New Orleans, LA, March, 1996.

“The long-term cost-effectiveness of total knee arthroplasty for the treatment of osteoarthritis,” A.A.O.S. Annual Conference, Atlanta, FA, February, 1996.

“Arthroscopic management of lateral epicondylitis,” Baker, D.L. and Gottlob, C.A., A.A.N.A. Winter Meeting, San Antonio, TX, presented by Champ L. Baker, M.D. December, 1995

“Elbow ankylosis,” Baker, C.L. and Gottlob, C.A., A.A.N.A. Winter Meeting, presented by Champ L. Baker, M.D. San Antonio, TX, December, 1995.

“Meniscal repair,” Jacobson, K.E. and Gottlob, C.A., Video Demonstration, Summer Institute, Boston, MA, September, 1995.

“The long-term cost-effectiveness of total knee arthroplasty for the treatment of osteoarthritis,” Resident/Alumni Thesis Day, Northwestern University, Chicago, IL, May, 1995.

“The long-term cost-effectiveness of total knee arthroplasty for the treatment of osteoarthritis,” A.O.A. Annual Residents Conference, Pittsburgh, PA, March, 1995.

CONTRIBUTIONS TO MEDICAL PUBLICATIONS:

PUBLICATIONS (JOURNALS):

“Biomechanical mechanisms of Laser Vascular Tissue Fusion,” CA Gottlob, GE Kopchok, *J Invest Surg* 4:3-12, 1991.

“Holmium-YAG Laser Ablation of Human Intervertebral Disc: Preliminary Evaluation,” CA Gottlob, GE Kopchok, SK Peng, M Tabbara, D Cavaye, RA White, *Lasers in Surgery & Medicine* 12(1):86-91, 1992.

“Cost Effectiveness of Anterior Cruciate Ligament Reconstruction in Young Adults.” CA Gottlob, CL Baker, J Pellissier, L Colvin, *Clinical Orthopaedics*, 367:272-282, 1999.

“Anterior Cruciate Ligament Reconstruction: Socioeconomic Issues and Cost Effectiveness.” CA Gottlob, CL Baker, *Am J. Orthop* 29(6):472-476, 2000.

“Arthroscopic Classification and Treatment of Lateral Epicondylitis.: CL Baker, KP Murphy, CA Gottlob, DT Curd, *J Shoulder Elbow Surg.* 9(6): 2000.

“Arthroscopically Assisted Autologous Osteochondral Transplantation for Osteochondral Lesions of the Talar Dome: An MRI and Clinical Follow-Up Study.” JA Assenmacher, AS Kelikian, CA Gottlob, S Kodros, *Foot & Ankle International*, 22(7):544-551, 2001.

PUBLICATIONS (BOOK CHAPTERS):

“Arthroscopic Management of Tennis Elbow.” CL Baker, CA Gottlob, In: J Chow (ed.), *Advanced Arthroscopy* In press. 2000.

“The Elbow.” CL Baker, CA Gottlob, In: MR Safran, S. Van Camp, D. McKeag, (eds.), *Manual of Sports Medicine*, Lippincott-Raven Press, NY, NY, 1998.

PUBLICATIONS (REVIEW ARTICLES):

“Principles of Rehabilitation Following Anterior Cruciate Ligament Reconstruction.” CA Gottlob, BW Gaunt, *Sports Med and Arthroscopy Rev.* 4(4):350-360, 1996.

EXHIBITS:

“Arthroscopic Findings Associated with Lateral Epicondylitis”, Scientific Exhibit at: American Academy of Orthopaedic Surgeons, Annual Meeting, San Francisco, CA, 1997.

“The Venous Pump as a Prophylaxis of a Deep Vein Thrombosis in a Weight-bearing Cast”, Poster exhibit at: American Academy of Orthopaedic Surgeons, Annual Meeting, Anaheim, CA 1999.

ONGOING RESEARCH:

“The Clinical Outcome of ACL Reconstruction Using Non-Irradiated Allografts in Patients Older Than 40”, *in progress, 2010.*

“Early vs. Delayed Rehab Following Rotator Cuff Repair: A Prospective, Randomized, Clinical Trial”, *in progress, 2010.*

“Range of Motion Loss Following Rotator Interval Closure”, *in progress, 2010.*

“Variations in the Femoral Tunnel Using the AMP Drilling Technique”, *in progress, 2010.*

RELEVANT ACTIVITIES:

N.B.A. Pre-Draft Camp, Medical Staff, Chicago, IL. June 1995.

Hardaway High School, Varsity Football, Medical Staff, Columbus, GA, 1995.

Valdosta State University, Varsity Football, Medical Staff, Valdosta, GA, 1995.

Ski Area Medical Clinic, Orthopaedic Consultant, Crested Butte, CO, December 1995 through February 1996.

U.S. National Extreme Snowboarding Championship, Medical Staff, Crested Butte, CO, February 1996.

Atlanta International Track and Field Grand Prix, Medical Staff, Atlanta, GA, May 1996.

U.S. Military National Rugby Championships, Medical Staff, Columbus, GA, May 1996.

U.S. Olympic Team Trials, Medical Staff, Track and Field, The Olympic Stadium, Atlanta, GA, June 1996.

Centennial Summer Olympic Games, Medical Staff, Track and Field, The Olympic Stadium, Atlanta, GA, 1996.

The Chicago Marathon, Medical Staff, Chicago, IL, 1996, 1997.

Chicago Lions, American Rugby Football Club, Orthopaedic Consultant, Chicago, IL 1996 to 2001.

Amundsen High School, Orthopaedic Consultant, Chicago, IL, 1996 to 2001.

Chicago Wolves, International Hockey League, Team Physician, 1996 to 2001.

Hubbard Street Dance Company, Troupe Physician, 1999 to 2001.

Chicago Blackhawks, Orthopaedic Consultant, 1998 – 2001.

RELEVANT ACTIVITIES (Continued):

Chicago Bears, Orthopaedic Consultant, 2000 – 2001.

Jefferson County High School Athletics, Team Physician, 2002- present.

Colorado School of Mines, Team Physician, 2004- present.

Evergreen High School, Team Physician, 2008- present.

Regis University, Team Physician, 2010 – present.