

Panorama Orthopedics and Spine Center
Important Information Regarding your Upcoming Surgery

Scheduling your surgery... To expedite the scheduling of your surgery, we will obtain the necessary information and call you before we schedule the surgery date. All workers' compensation and auto insurance claims require authorization prior to scheduling your surgery. **This process may take up to a week.**

Post-operative Physical Therapy... Please call the phone number of your desired physical therapy clinic to set up an appointment following your surgery. You will need to take your prescription to your first physical therapy appointment. **The prescription for physical therapy will be given to you at your first post-operative appointment. Please verify the facility and your benefits with your insurance company prior to attending your first PT appointment.**

Currently Prescribed Medications... Please call the physician's office that has prescribed any medication that you currently take. Inquire if there is a need for you to discontinue any medication prior to surgery. Please **DISCONTINUE** any aspirin products, including ALL anti-inflammatory medications (like Advil, Ibuprofen, Aleve, etc.) **ONE WEEK** prior to surgery. **Regular or Extra-Strength Tylenol is OKAY to take during this time.**

Work Restrictions/Time Away from work after surgery... Panorama Orthopedic physicians will provide activity restrictions to your employer, school, referring physician, case manager or insurance company. Your referring physician or employer will make a work status determination based on those restrictions. Any paperwork requested by your employer or insurance can be sent, faxed (303-233-8755) or brought to the front desk at any of the Panorama Orthopedic and Spine offices. **Panorama Orthopedic physicians will NOT take you OFF WORK.**