

**MITCHELL DEAN SEEMANN, M.D.**  
**CURRICULUM VITAE**

**OFFICE ADDRESS:** Panorama Orthopedics, PC  
660 Golden Ridge Rd, Suite 250  
Golden, CO 80401  
(303) 233-1223 Office  
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**LICENSURE:** Colorado No. 31034

**DEA:** Current

**BOARD CERTIFICATION:** American Board of Orthopaedic Surgery  
July 15, 1994  
Recertification: January 1, 2005 through December 31, 2014.

**HOSPITAL AFFILIATIONS:**

ST. ANTHONY HOSPITAL  
11600 W. 2<sup>ND</sup> PLACE  
LAKEWOOD, CO 80228

ORTHOCOLORADO HOSPITAL  
11650 W. 2<sup>ND</sup> PLACE  
LAKEWOOD, CO 80228

GOLDEN RIDGE SURGERY CENTER  
660 GOLDEN RIDGE ROAD, SUITE 110  
GOLDEN, CO 80401

ST. ANTHONY NORTH HOSPITAL  
2551 W. 84<sup>TH</sup> AVE.  
WESTMINSTER, CO 80033

**DISTINCTIONS:** Team Physician: Regis University  
Columbine High School  
U.S. Women's Ski Team Medical Group 92-94

Medical Director: Jefferson County Athletic Trainers

Advisory Committee: Dept. of Physical Therapy Regis University

**EDUCATIONAL BACKGROUND:**

**Fellowship:** Steadman-Hawkins Clinic  
Vail, CO  
Sports Medicine, Knee & Shoulder Injuries  
1991-1992

**Residency:** University of Texas Southwestern Medical School  
Dallas, TX  
Orthopaedic Surgery  
July 1987-June 1991

**Internship:** University of Texas Southwestern Medical School  
Dallas, TX  
General Surgery  
July 1986-June 1987

**Medical School:** Medical College of Ohio  
Toledo, OH  
Graduated 6-6-86

**University:** University of Toledo  
Graduated 8-22-81  
Human Performance Curriculum

**Employment History:** Panorama Orthopedic, PC  
(Formerly Lakewood Orthopaedic Clinic, PC)  
660 Golden Ridge Road, Suite 250  
Golden, CO 80401-9522  
August 1992-Present

**Scholarly Awards  
and Honors:**

Magna Cum Laude University of Toledo

**Society Memberships:**

American Academy of Orthopaedic Surgeons  
American College of Sports Medicine  
American Orthopaedic Society for Sports Medicine  
Arapahoe Medical Society  
Clear Creek Valley Medical Society  
Colorado Medical Society  
Colorado Orthopaedic Society  
Hawkins Society

**CONTRIBUTIONS TO  
MEDICAL PROGRAMS/  
LECTURES:**

"The biomechanical Comparison of Interference Fixation versus Post Fixation in Bone-Tendon-Bone Anterior Cruciate Ligament Reconstruction," Western Orthopaedic Association Meeting, Tucson, AZ, October 1991 and Gregory Lectureship, Dallas, TX, June 1991.

"Ultra-Low Field MRI of the Knee: Comparison with Mid-Field MRI and Arthroscopy," Radiological Society of America, December 1991.

"Tibial Osteolysis Associated with Gore-Tex Grafts," 1. Colorado Sports Medicine Symposium, Denver, CO, May 1992. 2. International Knee Society Meeting. Copenhagen, Denmark, June 1993.

"Revision Cruciate Ligament Surgery," "Special Considerations with Prosthetic Ligaments," AAOSM Meeting, San Diego, CA, July 1992.

"Impingement Syndrome of the Shoulder," The 20th Annual Spring Orthopaedic Day, Denver, CO April 23, 1993.

"Comparison of MRI vs Arthroscopy in Chondral Defects." 1. Western Orthopaedic Association Meeting, Seattle, Washington, August 1993. 2. Colorado Sports Medicine Symposium, Denver, CO, May 1993.

"ACL Surgery," 21st Annual Spring Orthopaedic Day, Denver, CO April 8, 1994.

"Revision ACL Surgery," Colorado Sports Medicine Symposium, Denver, CO September 1994.

**CONTRIBUTIONS TO  
MEDICAL PROGRAMS/  
LECTURES: (continued)**

"Evaluation of Shoulder Pain," The 22nd Annual Spring Orthopaedic Day, Denver, CO April 12, 1995.

Program Chairman, 1st Annual Colorado Athletic Trainer's Symposium, Denver, CO August 9, 1996.

"Ballet Injuries", The 23rd Annual Spring Orthopaedic Day, Denver, CO April 17, 1996.

Program Chairman, 2nd Annual Colorado Athletic Trainer's Symposium, Denver, CO August 7, 1996.

"Microfracture Technique," 6th Annual Colorado Sports Medicine Symposium, Denver, CO September 13, 1996.

"Cartilage Defects in the Young Patient," 24th Annual Spring Orthopaedic Day, Denver, CO April 2, 1997

Program Chairman, 3rd Annual Colorado Athletic Trainer's Symposium, Denver, CO August 6, 1997.

"Evaluation of the Injured Knee," An Orthopaedic Review for Primary Care Physicians, Denver, CO October 30, 1997.

"Multiligamentous Injuries of the Knee," 25<sup>th</sup> Annual Spring Orthopaedic Day, Golden, CO April 15, 1998.

Program Chairman, 4<sup>th</sup> Annual Colorado Athletic Trainer's Symposium, Golden, CO August 5, 1998.

"Impingement and Rotator Cuff Injuries," Nurse Case Manager's Luncheon, Golden, CO March 11, 1999.

"Overuse Syndrome of the Shoulder in the Overhead Athlete," 9<sup>th</sup> Annual Colorado Sports Medicine Symposium, Denver, CO May 14, 1999.

Program Chairman, "Shoulder Injuries in the Throwing Athlete", 5<sup>th</sup> Annual Colorado Athletic Trainer's Symposium, Golden, CO August 13, 1999.

"What's New In Sports?" The New Millennium for Primary Care Physicians & Occupational Medicine Physicians, Golden, CO January 18, 2000.

**CONTRIBUTIONS TO  
MEDICAL PROGRAMS/  
LECTURES: (continued)**

"ETAC Procedure" 27<sup>th</sup> Annual Spring Orthopaedic Day, Golden, CO April 14, 2000.

Program Chairman, 6<sup>th</sup> Annual Colorado Athletic Trainer's Symposium, Golden, CO August 11, 2000.

"The Stiff Shoulder" 28<sup>th</sup> Annual Spring Orthopaedic Day, Golden, CO April 6, 2001.

Program Chairman, 7<sup>th</sup> Annual Colorado Athletic Trainer's Symposium, Lakewood, CO July 30, 2001.

Faculty, 10<sup>th</sup> Annual Colorado Sports Medicine Symposium, Thornton, CO October 4, 2001.

Program Chairman, 8<sup>th</sup> Annual Colorado Athletic Trainer's Symposium, Golden, CO August 9, 2002.

"Shockwave Therapy" 30<sup>th</sup> Annual Spring Orthopedic Day, Golden, CO, April 4, 2003.

"Clavicle Fractures: ORIF vs. Non-Operative Treatment" Faculty, 3<sup>rd</sup> Annual Colorado Orthopedic Trauma Symposium, Westminster, Colorado, February 13, 2004.

**CONTRIBUTIONS TO  
MEDICAL PUBLICATIONS:**

"Tibial Osteolysis Associated with Gore-Tex Grafts," MD Seemann, JR Steadman, The American Journal of Knee Surgery, Winter 1993, Vol. 6 #1.

The Biomechanical Comparison of Interference Fixation versus Post Fixation in Bone-Tendon-Bone Anterior Cruciate Ligament Reconstruction", Clinical Orthopaedics and Relation Research, January 1994.

"The Comparison of Status versus Dynamic External Fixation for Unstable Distal Radius Fractures", Journal of Bone & Joint Surgery, August 1994.

"Cruciate Ligament Injuries in the Elite Skier", MD Seemann, JR. Steadman in The Crucial Ligaments 2nd Ed. Edited by John Feagin MD.

"Revision Ligament Reconstruction of Failed Prosthetic Anterior Cruciate Ligaments", Instructional Course Lectures, Volume 44, 1995, pp. 417-429.

## **MEETINGS:**

60th Annual Meeting Specialty Day American Shoulder & Elbow Surgeons, San Francisco, CA, February 21, 1993

60th Annual Meeting AAOS, San Francisco, CA, February 18-23, 1993

57th Annual Meeting Western Orthopaedic Association, Seattle, WA, August 29-September 1, 1993

Orthopaedic Trauma Association, Annual Meeting, September 22-24, 1994

62nd Annual Meeting, Orlando, FL, February 16, 1995

Arthroscopy Assn. Of North America Specialty Day, Orlando, FL, February 19, 1995

American Shoulder & Elbow Surgeons, February 19, 1995

American Ortho. Soc. for Sports Medicine Specialty Day, Atlanta, GA, February 25, 1996

63rd AAOS Annual Meeting, Atlanta, GA, February 22-26, 1996

Arthroscopy Association of North America Knee Lecture, Pal Desert, CA, November 21, 1996

Arthroscopy Association of North America Knee Lecture & Laboratory, Pal Desert, CA, November 21-22, 1996

Arthroscopy Association of North America Shoulder Lecture & Laboratory, Pal Desert, CA, November 22-23, 1996

64<sup>th</sup> AAOS Annual Meeting, San Francisco, CA, February 13-17, 1997

American Orthopaedic Society for Sports Medicine Specialty Day, San Francisco, CA, February 16, 1997

American Shoulder & Elbow Surgeons Specialty Day, San Francisco, CA, February 16, 1997

The Shoulder 1997: A Comprehensive Guide, Bal Harbour, FL, April 3-6, 1997

AOSSM Annual Meeting, Sun Valley, ID, June 22-25, 1997

8<sup>th</sup> Annual Steadman Hawkins Fellows Meeting, Vail, CO December 3-6, 1997

Columbia Medical Center of Aurora, Shoulder: Current Status of Arthroscopic Stabilization-First Time Dislocations and Chronic Follow-up Study, Denver, CO April 1, 1998

9<sup>th</sup> Annual Steadman Hawkins Fellows Meeting, Vail, CO December 10-12, 1998

## **MEETINGS: (continued)**

AAOS 66<sup>th</sup> Annual Meeting, Anaheim, CA February 4 – 8, 1999

American Orthopaedic Society for Sports Medicine, Anaheim, CA February 7, 1999

American Shoulder and Elbow, Anaheim, CA February 7, 1999

25<sup>th</sup> Annual Meeting of the American Orthopaedic Society for Sports Medicine, Traverse City, Michigan, June 19 – 22, 1999.

67<sup>th</sup> AAOS Annual Meeting, Orlando, FL March 15 – 19, 2000

American Orthopaedic Society for Sports Medicine, Specialty Day, Orlando, FL March 18, 2000

American Shoulder and Elbow, Specialty Day, Orlando, FL March 18, 2000

2<sup>nd</sup> Biennial Shoulder and Elbow Meeting, Miami Beach, FL May 4 – 7, 2000

Vail Cartilage Symposium, Vail, CO August 18 – 19, 2000

Steadman Hawkins Fellows Meeting, Vail, CO December 6 – 9, 2000

68<sup>th</sup> AAOS Annual Meeting, San Francisco, CA February 28 – March 4, 2001

American Orthopaedic Society for Sports Medicine –Special Day, San Francisco, CA March 3, 2001

American Shoulder and Elbow Surgeons –Specialty Day, San Francisco, CA March 3, 2001

3<sup>rd</sup> AAOS Biennial Shoulder and Elbow Meeting #3404, Orlando, FL April 4 – 7, 2002

Hawkins Society Meeting, Vail, CO July 10 – 13, 2002

8<sup>th</sup> Annual Colorado Athletic Trainer's Symposium, Denver, CO August 9, 2002

Bayer Institute, Disclosing Unanticipated Outcomes and Medical Errors, Golden, CO, November 20, 2003

“Shoulder Cadaveric Lab” Panorama Orthopedics, PC, Golden, Colorado, February 7, 2004.

**MEETINGS: (continued)**

34<sup>th</sup> Annual Spring Orthopedic Day, "Concussions" Westin Westminster,  
Westminster, CO April 27, 2007

4<sup>th</sup> Annual Sports Medicine Symposium A Steadman Hawkins Educational Symposium  
June 8, 2007

Colorado Sports Medicine Symposium August 10, 2007