

THOMAS G. FRIERMOOD, M.D.
CURRICULUM VITAE

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LICENSURE: Colorado No. 22438

DEA: Current

BOARD CERTIFICATION: American Board of Orthopaedic Surgery
September 1980

HOSPITAL AFFILIATIONS:

ST. ANTHONY HOSPITAL
11600 W. 2ND PLACE
LAKEWOOD, CO 80228

ST. ANTHONY NORTH HOSPITAL
2551 W. 84TH AVE.
WESTMINSTER, CO 80033

ORTHOCOLORADO HOSPITAL
11650 W. 2ND PLACE
LAKEWOOD, CO 80228

EDUCATIONAL BACKGROUND:

Residency: University of California - Davis
Sacramento Medical Center
Sacramento, California
7/1975-7/1979

Internship: University of California - Davis
Sacramento Medical Center
Sacramento, California
7/1974-7/1975

EDUCATIONAL BACKGROUND (Continued):

Special Training: Pediatric Orthopaedic Training
Shriner's Hospital
1310 Tunahou St.
Honolulu, Hawaii 96826
Phone: 1-808-941-4466
2/1978-6/1978

Medical School: Creighton University
Omaha, Nebraska
9/1970-6/1974 M.D.

Undergraduate School: University of Washington
Seattle, Washington
9/1966-6/1970 B.S.

Secondary School: Kalama High School
Kalama, Washington
9/1962-6/1966

EMPLOYMENT HISTORY: Panorama Orthopedic, PC
(formerly Lakewood Orthopaedic Clinic, PC)
660 Golden Ridge Road, Suite 250
Golden, CO 80401-9522
August 1979 - present

SOCIETY MEMBERSHIPS:
Alpha Omega Alpha - Honor Medical Society
Clear Creek Valley Medical Society
Colorado Medical Society
Colorado Orthopaedic Society
U.S. Olympic Committee-Sports Medicine Society
American Academy of Orthopaedic Surgeons
Western Orthopaedic Association - 1988
 Program Chairman - Rocky Mountain Chapter
 Junior Member of the Board of Directors - 1990
North American Spine Society
Orthopaedic Trauma Association

**TEACHING ASSIGNMENTS/
MEDICAL COVERAGE:**

Assistant Medical Advisor
National Handicapped Sports Program
Winter Park, CO 1989-1990

Team Physician (Orthopaedic)
U.S. Disabled Ski Team 1986-Present

International Classifier for Disabled Skiing

Provided medical coverage for USDST for Paralympics at
Lillehammer Norway, Nagano Japan, Salt Lake City, Utah

Provided medical coverage for numerous International,
National and local ski races for USDST

PUBLICATIONS:

"The 'Suicide' Wrist: Epidemiologic Study of the Injury," Orthopaedics, Vol. 2(5), Pages 499-503, 1979.

"Running Injuries," Audio Digest, Vol. 6(7)

"Hip and Thigh Injuries in Field and Track", Consultant, Vol. 24, #50, 1984.

"Biomechanical Analysis of Tibia Fractures Treated with Reamed Intramedullary Nails," with Dr. Alexander Pruitt, **pending publication**

"Closed Femoral Shortening", with Dr. James Peters, Orthopaedic Review, September, 1990

PUBLICATIONS: (continued)

"Relationship between Vertebral Intraosseous pressure, Ph, P02, P002, and magnetic resonance imaging signal inhomogeneity in patients with back pain. An in Vivo Study. Spine June 1991, Vol. 16 pages 239-242.

"Dislocations of the Distal Talofibular Joint", with Hockenbury, R. Todd, Journal of Orthopaedic Trauma, Vol. 6, No. 1, 1992.

"Failures of Cotrel-Dubousset Fixation of Thoracic Lumbar Spine Fracture," with Dr. Clay Baynham, Pending. Presented, AAOS, Las Vegas, NV 1989.

"Patterns of Tibial Fracture Healing Treated with Reamed Intramedullary Nails: A Clinical and Biomechanical Analysis," Alexander, M.D., et al, Pending publication.

Femur Fractures in Alpine Skiers," with Spesia, Paul, Brennan, Regina, Brugman, John Journal of Orthopaedic Trauma, Vol. 6, #4, 1992, pp. 443-417.

"Open Reduction and Internal Fixation of an Acetabular Fracture During Pregnancy," with Pals, Steven D., Brown, Courtney B., in Journal of Orthopaedic Trauma, Vol. 6 #3, 1992, pp. 379-381.

"Save the Trees", with Dr. Duane G. Messner, Dr. John L. Brugman, Regina Brennan, Journal of Orthopaedic Trauma, Vol. 8 #2, April 1994, pp 116.

PROGRAMS/LECTURES:

"The use of the Alta Femoral Intramedullary Nail for Trauma and Reconstructive Surgery," New Concepts in Fracture Fixation Conference. Department of Orthopaedics, University Colorado School of Medicine, Aurora, CO January 1993.

"Closed Nailing of Femoral Fractures," American Academy of Orthopedic Surgeons, Continuing Education Course, Denver, CO May 1984.

"Percutaneous Lumbar Discectomy," Western Orthopaedic Association Annual Meeting, Anaheim, California, 1989.

"Mid Foot Fusions Using Plate Fixation in Lupus Erythematosus," Poster Exhibit, Foot Society, Las Vegas, Nevada, 1985.

PROGRAMS/LECTURES: (continued)

"Lower Extremity in Children" "Foot Problems in Children", Centennial Pediatric Society, Loveland, CO March 1986.

"Associated Acute Extremity and Pelvic Injuries," American Academy of Orthopaedic Surgeons Spinal Man: "The Management of Spinal Cord Injuries," Continuing Education Course, Keystone, CO March 1985.

"What, No Cement?," American Academy of Orthopaedic Surgeons, Nurses Course, Las Vegas, Nevada, 1985.

Treatment of Leg Length Inequality," American Academy of Orthopaedic Surgeons, Physical Therapy Course, Denver, 1986.

"Running Injuries," Spring Orthopaedic Day, Denver, CO May 1976.

"Pedical Screw Fixation of Low Back" Spring Orthopaedic Day, Denver, CO May 1987

"Patterns of Tibia Fracture Healing," Scientific Exhibit, American Academy Orthopaedic Surgeons, Atlanta, GA October 1987.

"Treatment of Complex Acetabular Fractures," Rocky Mountain Chapter of Western Orthopaedic Association, Summer Meeting, 1988.

"Pelvic Fractures-To Fix or Not to Fix," Multiple Trauma," 15 Annual Spring Orthopaedic Day, Denver, CO May 1988.

"Orthopaedic Aspects of Polytrauma," Nursing Course, American Academy of Orthopedic Surgeons, Las Vegas, Nevada 1989.

"Maladies of the Lumbar Spine," 16th Annual Spring Orthopaedic Day, Lakewood Orthopaedic Clinic, St. Anthony Hospital, Denver, CO May 1989.

"Internal Fixation of Acetabular Fractures Using Anterior-Posterior and Combined Approaches", Colorado Orthopedic Trauma Symposium, Englewood, CO June, 1989.

"Diagnosis and treatment of Common Spinal Pain" Practice Orthopaedic Sports Medicine, Sports Medicine for all Practitioners, Kona, Hawaii, July 1989.

"Initial Evaluation and Treatment Concepts in the Multiply Injured Orthopaedic Patient," "Plating of the Pelvis and Acetabulum," "The Role of External Fixation in Pelvic Fractures," University of Colorado School of Medicine, Cheyenne Mountain Conference, Colorado Springs, CO August, 1989.

PROGRAMS/LECTURES: (continued)

"Running Injuries," "Maladies of the Lumbar Spine," Third Annual Fall Orthopaedic Day, Lakewood Orthopaedic Clinic, Denver, CO November 1989.

"Searching for Polytrauma," "Pelvic and Acetabular Fractures," 17th Annual Spring Orthopaedic Day, Saint Anthony Hospital, Lakewood Orthopaedic Clinic, May 1990.

"Femoral Osteotomies," Trauma Day, Swedish Hospital, Denver, CO June, 1990.

"Relation of Vertebral Intraosseous Pressure, pH, pO₂, pCO₂, and Lactate to MRI Signal Inhomogeneity in Patients with Back Pain,". North American Spine Society Meeting, Monterey, California, August, 1990.

"Fracture Healing," "Polytrauma," 4th Annual Fall Orthopaedic Day, Denver, CO, October, 1990.

"Relation of Intraosseous Pressure, pH, pO₂, PCO₂, To MRI Signal Inhomogeneity in Patients with Back Pain." An in Vivo study. Scoliosis Research Society Meeting, 1990.

"Relation of Intraosseous Pressure, pH, pO₂, pCO₂, and Lactate to MRI Signal Inhomogeneity in Patients with Back Pain." An in vivo study. American Academy of Orthopaedic Surgeons, 1991 Meeting.

"Save the Trees," 18th Annual Spring Orthopaedic Day, Denver, CO, April, 1991

"Help! I've Been Framed!" 19th Annual Spring Orthopaedic Day, Denver, CO, April, 1992

"Save the Trees," "The Disabled Athlete," 5th Annual Fall Orthopaedic Day, Denver, CO, October, 1991

"Femoral Fractures in Alpine Skiers," 2nd Annual Colorado Sports Medicine Symposium, Denver, CO, May, 1992

"Help! I've Been Framed!" 6th Annual Fall Orthopaedic Day, Englewood, CO, October, 1992.

"Treatment of Low Back Pain" 20th Annual Spring Orthopaedic Day, Denver, CO, April, 1993.

"Orthopaedic Care of the Polytrauma Patient" 22nd Annual Spring Orthopaedic Day, Denver, CO, April, 1995

"Treatment of Pelvic Fractures" 23rd Annual Spring Orthopaedic Day, Denver, CO, April, 1996

"Treatment of Pelvic & Acetabular Fractures" Guest speaker at Western Orthopedic Society (Western Slope Chapter) Spring Meeting, 1996.

PROGRAMS/LECTURES: (continued)

"Using Protocols to Treat Worker's Compensation Injuries" First Quarterly Nurse Case Manager's Luncheon, Lakewood, CO, February 27, 1997.

"Orthopaedic Surgery in a Himalayan Third-World Country" 8th Annual Colorado Sports Medicine Symposium, Denver, CO, August 28, 1998.

"Orthopaedic Surgery in a Himalayan Third-World Country" Referring Physician's Dinner, Golden, CO, November 17, 1998.

"Health Care in 2000-Panorama" 27th Annual Spring Orthopaedic Day, Golden, CO, April 14, 2000.

Moderator: "Sports" 29th Annual Spring Orthopedic Day. Golden, CO, April 5, 2002.

"Maladies of the Lumbar Spine" Southwest Orthopedic Workshop, Littleton Adventist Hospital, Littleton, CO, November 21, 2003.

Program Chairman, " Breakfast with the Docs," St. Anthony Hospital, Denver, CO September 29, 2004.

"How to Keep Your Business From Failing," Ortho Trauma Association, Salt Lake City, UT October, 2003

MEETINGS:

60th Annual Meeting Orthopaedic Trauma Association, February 21, 1993

60th Annual Federation of Spine Associations, February 21, 1993

60th Annual AAOS, San Francisco, CA, February 18-23, 1993

Orthopaedic Trauma Association Annual Meeting, New Orleans, LA, September 23-25, 1993

Federation of Spine Associations Specialty Day, New Orleans, LA, February 27, 1994

Orthopaedic Trauma Association Specialty Day, New Orleans, LA, February 27, 1994

AAOS Annual Meeting 1994, New Orleans, LA, February 24-March 1, 1994

Federation of Spine Associations Specialty Day, Orlando, FL, February 19, 1995

Orthopaedic Trauma Association Specialty Day, Orlando, FL, February 19, 1995

MEETINGS: (continued)

Orthopaedic Surgeons Computer Boot Camp, August 24-27, 1995

OTA Annual Meeting, Tampa, FL, September 29-October 1, 1995

Winning At Risk, Practice Management, Chicago, IL, May 4-5, 1996

OTA 1996 Annual Meeting, Boston, MA, September 27-29, 1996

64th AAOS Annual Meeting, San Francisco, CA, February 13-17, 1997

Orthopaedic Trauma Association Specialty Day, San Francisco, CA, February 16, 1997

American Seminar Institute Course Orthopedics Review, Naggs Head, North Carolina, July 5-12, 1997

OTA 97 Annual Meeting, Louisville, KY, October 17-19, 1997

Denver Spine Institute Winter Conference, Breckenridge, CO, February 26-27, 1999

Orthopaedic Mergers & Buyouts, Arlington, VA, June 13-14, 1998

66th AAOS Annual Meeting, Anaheim, CA, February 4-8, 1999

Orthopaedic Trauma Association, Anaheim, CA, February 7, 1999

American Seminar Course, Orthopedics Review, Puerto Vallarta, Mexico, April 2-9, 1999

67th AAOS Annual Meeting, Orlando, FL, March 15 – 19, 2000

Orthopaedic Trauma Association Specialty Day, Orlando, FL, March 18, 2000

68th AAOS Annual Meeting, San Francisco, CA, February 28 - March 4, 2001

Orthopaedic Trauma Association, AAOS Specialty Day, San Francisco, CA, March 3, 2001

Orthopaedic Trauma Association, Toronto, Ontario, Canada, October 11 – 13, 2002

Bayer Institute, Disclosing Unanticipated Outcomes and Medical Errors, Golden, CO, November 20, 2003

Moderator, 3rd Annual Colorado Orthopedic Trauma Symposium, Westminster, CO, February 13, 2004

MEETINGS: (continued)

Moderator, Northern Orthopedic Workshop, North Suburban Medical Center, Thornton, CO
March 5, 2004

Moderator, 4th Annual Colorado Orthopedic Trauma Symposium, Westminster, CO
February 11, 2005

33rd Annual Spring Orthopedic Day, Westin, Westminster, CO, April 7, 2006

34th Annual Spring Orthopedic Day, Westin Westminster, Westminster, CO
April 27, 2007

AOA Kellogg Leadership Series Module V. Northwestern University, Feingerg School of Medicine
September 14, 2007

35th Annual Spring Orthopedic Day, April 25, 2008

Orthopaedic Trauma Association 2008 Annual Meeting, October 16, 2008