



# Patient Health History

## Orthopedics & Spine Center

Today's Date: \_\_\_\_\_ Appointment Date: \_\_\_\_\_

Patient's Last Name: \_\_\_\_\_ First: \_\_\_\_\_ MI: \_\_\_\_\_ DOB: \_\_\_\_\_

Primary Care Physician (first & last name): \_\_\_\_\_

PCP Location: \_\_\_\_\_ Phone: \_\_\_\_\_

Referring Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Pharmacy Preference (include location): \_\_\_\_\_

**MEDICATIONS** — Please list any medication(s) you are currently taking, include prescribed medications, vitamins, supplements and over-the-counter medications

Medication	Dosage/Directions	Problem being treated	Prescribing doctor

**ALLERGIES** — Please list all medical allergies and tell us how you react to them

Allergy	Reaction

Are you allergic to latex?  Yes  No

Are you allergic to Iodine or Betadine  Yes  No

Are you allergic to adhesive/tape?  Yes  No

Are you allergic to metal?  Yes  No

Are you allergic to contrast dye?  Yes  No

Are you allergic to birds/feathers/eggs?  Yes: \_\_\_\_\_  No

**PAST MEDICAL HISTORY** — Check all conditions you have now, or have had in the past

**CANCER**

Type: \_\_\_\_\_

**CARDIOVASCULAR** (heart & blood vessels)

- Angina (chest pain)
- Arrhythmia/Irregular heartbeat
- Blood clot/DVT (deep vein thrombosis)  
Date Occurred: \_\_\_\_\_
- Heart disease/Coronary Artery disease
- High Cholesterol/Hyperlipidemia
- MVP (mitral valve prolapse)
- Pacemaker
- Varicose veins/Peripheral Vascular disease
- Hypertension/High blood pressure
- Stent- Date Occurred: \_\_\_\_\_
- AICD (Automatic Implantable Cardioverter Defibrillator)

**PULMONARY** (lungs & respiratory)

- Asthma
- COPD (chronic obstructive pulmonary disease)
- PE (pulmonary embolism/blood clot in lung)  
Date Occurred: \_\_\_\_\_
- Sleep Apnea
- TB (tuberculosis)

**GENITOURINARY** (kidneys & urinary tract)

- Renal failure
- Renal insufficiency
- UTI (urinary tract infection)
- Currently pregnant

**GASTROINTESTINAL** (stomach & digestive)

- Gastric Ulcer
- GERD
- Hepatitis A
- Hepatitis B
- Hepatitis C
- Hepatitis—type unknown
- Hernia
- Peptic Ulcer
- Liver disease

NEXT PAGE PLEASE

**BONES, JOINTS & MUSCLES**

- Arthritis
- Degenerative Joint disease
- Fibromyalgia
- Gout
- Osteoporosis
- Scoliosis

**PSYCHIATRIC DISORDER** (mental health)

- Anxiety
- Bipolar disorder
- Depression

**HEENT** (head, ears, eyes, nose & throat)

- Blind
- Deaf
- Hearing loss

**NEUROLOGIC DISORDER** (brain & nervous sys)

- Alzheimer’s disease
- Dementia
- MS (Multiple Sclerosis)
- Parkinson’s disease
- Seizure Disorder
- Stroke/CVA- Date Occurred: \_\_\_\_\_
- Myasthenia gravis
- Muscular dystrophy

**HEMATOLOGIC** (blood & lymph node)

- Anemia
- Edema
- Lupus
- Hemophilia
- Sickle cell disease
- Clotting Disorders

**METABOLIC** (endocrine, hormones & metabolic)

- Diabetes—Type I
- Diabetes—Type II
- Diabetes—Type unknown
- Thyroid dysfunction
  - Hypothyroidism
  - Hyperthyroidism

**IMMUNE/AUTOIMMUNE & INFECTIOUS PROBLEMS**

- AIDS
- HIV positive
- Rheumatoid Arthritis
- MRSA (Meticillin Resistant Staph Aureus)

**OTHER MEDICAL CONDITIONS NOT LISTED ABOVE:** \_\_\_\_\_

**PAST SURGICAL HISTORY** — Check all that apply and indicated which side R/L as appropriate

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> ACL surgery: year _____ R/L          | <input type="checkbox"/> CABG: year _____                      | <input type="checkbox"/> LASIK                               |
| <input type="checkbox"/> Angioplasty                          | <input type="checkbox"/> Carpal tunnel release: year _____ R/L | <input type="checkbox"/> Meniscus surgery: year _____ R/L    |
| <input type="checkbox"/> Angio w/stent                        | <input type="checkbox"/> Cataract extraction                   | <input type="checkbox"/> ORIF: year _____                    |
| <input type="checkbox"/> Appendectomy                         | <input type="checkbox"/> Cholecystectomy                       | <input type="checkbox"/> Pacemaker                           |
| <input type="checkbox"/> Arthroscopy ankle: year _____ R/L    | <input type="checkbox"/> Colectomy                             | <input type="checkbox"/> Rotator cuff repair: year _____ R/L |
| <input type="checkbox"/> Arthroscopy elbow: year _____ R/L    | <input type="checkbox"/> Colostomy                             | <input type="checkbox"/> Small bowel resection               |
| <input type="checkbox"/> Arthroscopy hip: year _____ R/L      | <input type="checkbox"/> Gastric bypass                        | <input type="checkbox"/> Tonsillectomy                       |
| <input type="checkbox"/> Arthroscopy knee: year _____ R/L     | <input type="checkbox"/> Hernia repair                         | <input type="checkbox"/> Thyroidectomy                       |
| <input type="checkbox"/> Arthroscopy wrist: year _____ R/L    | <input type="checkbox"/> Hip replacement: year _____ R/L       | <input type="checkbox"/> Transplant: _____                   |
| <input type="checkbox"/> Arthroscopy shoulder: year _____ R/L | <input type="checkbox"/> Knee replacement: year _____ R/L      |  |
| <input type="checkbox"/> Back surgery: year _____             | <input type="checkbox"/> Laminectomy: year _____               |  |

**GENDER SPECIFIC**  Tubal ligation  Cesarean section  Mastectomy  Hysterectomy

**OTHER SURGURIES NOT LISTED ABOVE:** \_\_\_\_\_

**FRACTURES:** \_\_\_\_\_

**PROBLEMS WITH PAST ANESTHESIA (IF YES, PLEASE LIST):** \_\_\_\_\_

**CURRENTLY BEING TREATED WITH:**  Dialysis  Chemotherapy  Radiation  Oxygen (Day/Night) \_\_\_\_\_ # of liters

**FAMILY HISTORY** — Check the boxes below if any **blood** relative has been diagnosed with any of the following?

- |  |  |
|--|--|
| <input type="checkbox"/> Anesthesia problems _____ Relationship        | <input type="checkbox"/> Osteoporosis _____ Relationship |
| <input type="checkbox"/> Arthritis _____ Relationship                  | <input type="checkbox"/> Diabetes _____ Relationship     |
| <input type="checkbox"/> Bleeding/clotting problems _____ Relationship | <input type="checkbox"/> Family history unknown          |
| <input type="checkbox"/> Cancer: type: _____ Relationship              | <input type="checkbox"/> No significant family history   |

**SOCIAL HISTORY**

**HAND DOMINANCE**

- Right
- Left
- Ambidextrous

**DO YOU DRINK ALCOHOL?**

- Yes
- No
- What kind & how much?  
\_\_\_\_\_
- \_\_\_\_\_

**DO YOU USE TOBACCO?**

- Yes
- Type of tobacco: \_\_\_\_\_
- No
- Former
- Type of tobacco: \_\_\_\_\_
- Age quit: \_\_\_\_\_

**CURRENT/FORMER ILLICIT DRUG USE**

- None
- Current
- What kind? \_\_\_\_\_
- Former
- What kind? \_\_\_\_\_
- Date quit: \_\_\_\_\_

Patient/guardian signature: \_\_\_\_\_ DOB: \_\_\_\_\_ Today’s Date: \_\_\_\_\_