

## **Highlands Ranch Town Center Physical Therapy**

### **Steve Huber, PT, DPT, certDN**



Steve is the Clinic Director for both the Highlands Ranch Town Center and Littleton Physical Therapy Clinics. Steve attained his Doctorate of Physical Therapy from Rosalind Franklin University of Medicine and Science in 2012 and completed his undergraduate degree in Kinesiology, graduating with Honors from Michigan State University. Steve specializes in treating many orthopedic conditions including running injuries, postoperative, hips, knees, shoulders, and the spine. Steve places a strong emphasis on postural training, core stability, and patient education. He is certified in Functional Dry Needling and High-Velocity Low-Amplitude Thrust Manipulation of the Cervical, Thoracic, Lumbar, and Sacroiliac Joints.

### **Alyssa Dickerson, PT, DPT, certDN**



Alyssa graduated from the University of Hartford in 2016. She holds the following certifications: Dry Needling (Level 1 & 2 via BRI); Certified Sportsmetrics Instructor (via Cincinnati Sports Medicine); Pilates Gateway Level 1 Mat Certification (via Polestar Pilates). Hobbies include raising 2 dogs, photography/arts and crafts. Her favorite things to treat are ACL reconstructions, anything she can treat dry needling with, and the military population.

### **Chelsea Speegle, PT, DPT**



Chelsea received her Doctorate degree in Physical Therapy at Loma Linda University in southern California. She decided to become a Physical Therapist when she received rehab following a right ACL reconstruction surgery in 2010. She enjoys working with hips and is working towards becoming a pelvic and Women's Health specialist. Chelsea enjoys spending her time in the mountains snowboarding and snow skiing.

### **Cory Szostowski, PT, DPT, certDN**



Cory received his Bachelor of Science in Rehabilitation Science from Northeastern University in 2009. He continued his studies at Northeastern University receiving a Doctorate of Physical Therapy in 2010. He has continued to stay current on his education taking courses in the treatment of lumbopelvic, shoulder, and lower extremity dysfunctions. Cory enjoys working with a wide patient population and diagnoses, incorporating manual therapy, corrective exercises and patient education, based on their unique presentation, to promote return to pain-free movement and regain an active lifestyle. Cory specializes in dry needling, SFMA, and postural restoration. For fun, he enjoys taking in all that Colorado has to offer in his spare time. He typically can be found on the ski slopes during the winter, and hiking 14ers or playing golf during the summer. He also enjoys experiencing all the different types of food in the Denver area.

### **Dani Potter, PT, DPT**



Dani graduated from St. Catherine University in Minnesota with her Doctorate of Physical Therapy. While working towards her undergraduate degree, Dani played soccer at the University of Minnesota Duluth and continues to participate in the community with youth soccer teams. Dani specializes in a wide variety of orthopedic conditions including shoulders, knees and hips. In her free time she enjoys running, hiking, skiing, camping and all things outdoors.

### **Deanna Perchiano, PT, DPT**



Deanna is from Monroe, New Jersey. She received her Bachelor's degree from Rutgers University and went on to complete her Doctorate of Physical Therapy degree at the University of Miami in Miami, Florida. Deanna has been with Panorama since July of 2017. She enjoys treating a variety of orthopedic injuries, with a special interest in knee and shoulder rehab. In her free time she enjoys hiking, rock climbing, and snowboarding.

### **Debbie Ellis, PT, CHT**



Debbie has been a physical therapist for over 40 years graduating from the University of Toronto in 1978. She practiced in Canada working in outpatient orthopedics, hand therapy and sports medicine. At that time she worked with members of the Canadian Olympic figure skating team and the gymnastics team. She moved to Colorado in 1991 and continued to pursue her interest in hand injuries getting her certification in 1993. She joined Panorama in June 2016 and enjoys working with the hand team in Highlands Ranch. She sees her role as a PT as an educator to help patients achieve their full function and give them the tools to maintain as high a level of function as possible to return to their normal activities. She is planning to retire in June with a move to Mesa Arizona but this winter is going to spend

time skiing here in Colorado.

### **Jeni Jonte, PT, DPT, MTC, certDN**



Jeni received her Bachelor of Science in Biology, Pre-Physical Therapy from Milikin University in 2006. In 2008, she earned a Doctorate in Physical Therapy from the University of St. Augustine for Health Sciences, graduating summa cum laude. In 2013 she received her Manual therapy Certification from the University of St. Augustine for Health Sciences. She also has received her Dry needling certification in 2014 through the American Academy of Manipulative Therapy. Jeni has emphasized continuing education throughout her career with extensive courses focusing on manipulation, taping, Graston, cupping, and manual therapy. Jeni joined United States Navy Reserves as a physical therapist in 2012, and has been deployed to

Afghanistan as well as spent time in several different locations working with the military population. Jeni has practiced in sports medicine and orthopedics for the majority of her career. She believes in an eclectic approach to treatment which includes manual therapy, exercise and patient education. Areas of special interest include shoulder, hip, knee, foot/ankle, and sport rehabilitation. Outside of work Jeni loves spending time with her husband and two young children, being active and outdoors enjoying the Colorado lifestyle.

### **Katie Lohrman, PT, DPT**



Katie is a Western New York native earning her Doctorate of Physical Therapy from Nazareth College in Rochester, NY in 2016 and her Undergraduate degree in Psychology from SUNY Geneseo in 2013. She spent the first two years of her career working in travel Physical Therapy all over the country and is now settled in Denver and loving it! Katie thoroughly enjoys working in orthopedics, treating a variety of diagnoses and assisting people to return to living their very best lives. Katie was a competitive swimmer growing up and enjoys spending time outdoors in her free time hiking, skiing, camping, anything the Rocky Mountain Life has to offer!

### **Rachel Grims, PT, DPT**



Rachel is a local girl who grew up in Lakewood, CO. She obtained her BS at Colorado State University where she majored in Health and Exercise Science. After CSU, Rachel moved to sunny Los Angeles to pursue her doctoral degree in Physical Therapy from University of Southern California (Go Trojans!). She returned to Denver following graduation and began working for Panorama Orthopedics where she has remained since June, 2015. Rachel participates in many of your typical Colorado outdoor activities and considers herself to be a craft beer snob. She particularly enjoys working with recreational and endurance athletes and has a passion for treating patients who have spinal disorders and other complex orthopedic issues. Rachel also works with Dr. Ellman's hip patients.

### **Rachel Penn, PTA**



Rachel graduated with honors from Pima Medical Institute's Physical Therapist Assistant program in Denver, Colorado in 2017. Prior to working in physical therapy, Rachel worked in nonprofit management and social work. In high school she was a competitive swimmer and played on the Women's Ultimate Frisbee team in undergrad at the University of Vermont. Her passions include yoga, triathlons, paddle boarding, cross country skiing, traveling, and spending time with family and friends. She has a strong interest in working with patients on balance and gait training as well as treating a variety of orthopedic and post-operative conditions. Rachel loves working with individuals to provide education and tools to improve their quality of life, level of independence, and return to enjoying things that bring them happiness.

### **Tracy Bugielski, PT, MSPT**



Tracy has been a Physical Therapist for over 20 years. She graduated from University of Colorado with a BS in Kinesiology then went to the University of Miami for her Physical Therapy education. She has spent the last 20 years in Chicago and recently moved home to Colorado. Tracy has spent extensive time in England earning her advanced certification in movement through Kinetic Control and ultimately began teaching courses for them. Tracy enjoys working with all orthopedic conditions but specializes in treatment of shoulder and knee injuries, both pre- and post-operatively.