

## **Littleton Physical Therapy**

**Ciarra Batterton, PT, DPT**



Ciarra graduated with her Doctorate of Physical Therapy in 2016 from Texas Woman's University in Houston, Texas. She completed her undergraduate degree at Texas A&M University with a double major in Kinesiology and Psychology. She spent the majority of her childhood living in Colorado Springs, but as an Army brat has had the chance to travel all over the world. As a clinician, she enjoys working with people of all ages with a variety of orthopedic conditions including athletes, "weekend warriors" and post-operative patients. She loves getting to know her patients and working with them to reach their health and fitness goals. Ciarra enjoys getting outside, especially hiking, skiing and playing with her dog.

**Cory Szostowski, PT, DPT, certDN**



Cory received his Bachelor of Science in Rehabilitation Science from Northeastern University in 2009. He continued his studies at Northeastern University receiving a Doctorate of Physical Therapy in 2010. He has continued to stay current on his education taking courses in the treatment of lumbopelvic, shoulder, and lower extremity dysfunctions. Cory enjoys working with a wide patient population and diagnoses, incorporating manual therapy, corrective exercises and patient education, based on their unique presentation, to promote return to pain-free movement and regain an active lifestyle. Cory specializes in dry needling, SFMA, and postural restoration. For fun, he enjoys taking in all that Colorado has to offer in his spare time. He typically can be found on the ski slopes during the winter, and hiking 14ers or playing golf during the summer. He also enjoys experiencing all the different types of food in the Denver area.

**Kate Sparks, PT, DPT**



Kate completed her undergraduate degree in Kinesiology at Pennsylvania State University. She then attained her Doctorate of Physical Therapy degree from Northern Arizona University in 2017 and started with Panorama shortly after. Kate enjoys working with a variety of orthopedic conditions including athletes and post-operative patients in order to help them achieve their goals and return to their prior level of activity.

**Jordan Adrian, PT, DPT**



Jordan completed his Doctorate in Physical Therapy from Rockhurst University in Kansas City after graduating with a B.S. in Dietetics from Fontbonne University in St. Louis. Jordan enjoys treating patients with orthopedic injuries across the age spectrum including athletes, spine conditions, and post-surgical patients. He places a strong emphasis on educating patients in helping to better understand their conditions and working towards maximizing function.