

## Highlands Ranch Town Center Physical Therapy

### **Steve Huber, PT, DPT, certDN**



Steve is the Clinic Director for both the Highlands Ranch Town Center and Littleton Physical Therapy Clinics. Steve attained his Doctorate of Physical Therapy from Rosalind Franklin University of Medicine and Science in 2012 and completed his undergraduate degree in Kinesiology, graduating with Honors from Michigan State University. Steve specializes in treating many orthopedic conditions including postoperative, hips, shoulders, and the spine. Steve places a strong emphasis on postural training, core stability, and patient education. He is certified in Functional Dry Needling and High-Velocity Low-Amplitude Thrust Manipulation of the Cervical, Thoracic, Lumbar, and Sacroiliac Joints.

### **Alex Brateman, PT, DPT**



Alex is a local Colorado native who completed his undergraduate degree in Integrative Physiology and a certificate in Neurosciences and Behavior with the University of Colorado in 2014. He then went on and received his Doctorate of Physical Therapy from the University of Kansas in 2017. Alex enjoys working with a wide variety of orthopedic conditions to try to enable his patient's to return to their optimal level of function and get back to their everyday passions. He particularly enjoys working with local youth athletes and patients who are dealing with post-operative, knee, shoulder, and spinal issues. He enjoys continuing his education in many different areas to best meet the needs of his patients. When not in the clinic you will likely find him

enjoying his time in Vail or Breckenridge with his wife, Ashleigh, and their new puppy, Yeti, or playing in far too many softball leagues.

### **Alyssa Dickerson, PT, DPT, certDN**



Alyssa graduated from the University of Hartford in 2016. She holds the following certifications: Dry Needling (Level 1 & 2 via BRI); Certified Sportsmetrics Instructor (via Cincinnati Sports Medicine); Pilates Gateway Level 1 Mat Certification (via Polestar Pilates). Hobbies include raising 2 dogs, photography/arts and crafts. Her favorite things to treat are ACL reconstructions, anything she can treat dry needling with, and the military population.

### **Blake Howat, PT, DPT, ATC**



Originally from Bloomsburg, PA, Blake followed his passion for sports medicine to Boston University where he was a part of their combined Athletic Training/Doctorate of Physical Therapy program. During his graduate studies, he worked throughout the Greater Boston Area as an athletic trainer with a variety of local athletic clubs and collegiate programs to provide both on-field injury management and rehabilitation. Upon graduation, Blake enrolled in the Institute of Orthopaedic Manual Therapy for their year-long course in advanced manual therapy and clinical reasoning. Blake enjoys using hands-on techniques and specific exercises to help his patients attain their goals and return to a pain-free

lifestyle! Outside of work, Blake loves all things outdoors and active. You can find him most weekends either hiking, mountain biking, climbing, or catching a show at Red Rocks.

### **Dani Potter, PT, DPT**



Dani graduated from St. Catherine University in Minnesota with her Doctorate of Physical Therapy. While working towards her undergraduate degree, Dani played soccer at the University of Minnesota Duluth and continues to participate in the community with youth soccer teams. Dani specializes in a wide variety of orthopedic conditions including shoulders, knees and hips. In her free time she enjoys running, hiking, skiing, camping and all things outdoors.

### **Katie Lohrman, PT, DPT**



Katie is a Western New York native earning her Doctorate of Physical Therapy from Nazareth College in Rochester, NY in 2016 and her Undergraduate degree in Psychology from SUNY Geneseo in 2013. She spent the first two years of her career working in travel Physical Therapy all over the country and is now settled in Denver and loving it! Katie thoroughly enjoys working in orthopedics, treating a variety of diagnoses and assisting people to return to living their very best lives. Katie was a competitive swimmer growing up and enjoys spending time outdoors in her free time hiking, skiing, camping, anything the Rocky Mountain Life has to offer!

### **Logan Meyer, PT, DPT, CSCS**



As a native of Charlottesville, Virginia, Logan is a born-and-raised Virginia Cavaliers fan. Logan split her allegiances by attending James Madison University, receiving her Bachelors of Science in Kinesiology. While at JMU, Logan worked with the university's strength and conditioning program, ultimately inspiring her to become a Certified Strength and Conditioning Specialist (CSCS). After earning her doctorate in physical therapy from the University of St. Augustine for Health Sciences in Austin, Texas, Logan moved to Denver. Over the years, Logan has developed a passion for treating all orthopedic injuries, especially those of the knee and hip. Logan and her husband enjoy hiking, skiing, and cheering on the Virginia Cavaliers.

### **Max Langevin, PT, DPT**



Max Langevin grew up in Connecticut and completed his undergraduate degree in psychology at Boston University. After earning his DPT at Georgia Southern University in Savannah, Max moved to Colorado to begin his career in physical therapy. Max has been with Panorama since September of 2019 and in his free time enjoys playing ultimate, hiking, playing golf, and snowboarding.

### **Sarah Shivley, OTR/L, MOT, WCC**



Sarah received her Bachelor's degree from Olivet Nazarene University in Bourbonnais, Illinois and her Masters of Occupational Therapy from Midwestern University in 2013. Sarah was with Northwestern Medicine in Chicago, Illinois and worked alongside six hand and upper extremity surgeons since graduating and she specializes in orthopedic injuries of the elbow, wrist and hand and is Wound Care Certified. Sarah has been with Panorama since June of 2019.